



# Riffles

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited



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December 2013

Number 12

## End of Year

April may be the cruelest month but, despite the threat of uncomfortable weather, the sights and sounds of the holiday season make December the happiest month for many. Along with the joy, December also symbolizes not just the end of another year, but also the promise of new beginnings in its Christmas traditions.

However, the joy and newness are balanced by a different note: the end of a year.

As EJTU closes out its own year, we can look back at our many successful accomplishments and look forward to a new year of projects that continue a long tradition of preserving and enhancing our local waterways and promoting the sport of fishing. Projects such as rebuilding the Cresskill Brook and repairing the Ramapo River's weir ended this year but we look forward to invigorating the Chapter through a new strategic plan and the installation of a new Board of Directors.

Ken Barile will present an overview of the strategic plan at December's Christmas meeting/party. The plan includes many opportunities for you to get involved in interesting and fulfilling projects. Try your best to find one of the plan's activities that interests you; you will enjoy it.

The start of 2014 will bring elections of EJTU Directors. Candi-

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When: December 11 at 7:00 PM

Where: American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## December's Meeting

At 7 PM Ken Barile will give a short description of the Chapter's new Long Range Plan.

Then members can dig into the Christmas buffet, chat, solve the world's problems, tell lies about the fish (that they claim that) they caught and have a good time.

There will also be a grab bag. If you choose to participate there is a \$15 limit on gifts.



My sincerest thanks to the following members of our Chapter who helped make the annual delivery of trout eggs to the Trout In the Classroom schools a success:

- Ken Barile
- Dean Blumetti
- Dino Eftychiou
- Elmer Hopper
- Fred Madura
- Rich Malizia
- Marty Matuson
- Ken Vander Pyle

George Petersen

## EJTU Calendar

If you wish to go on one of the fishing trips contact the trip coordinator well in advance. If the trip requires reservations or other arrangements openings are often limited and the reservations must be made in advance.

Please consult EJTU's web site's "Upcoming Events" for the most up-to-date information and details.



### 2014

- Jan 7** [Tues] Fly Tying course begins
- Feb 8** [Sat] "Superbowl" fishing trip
- March 22/23** [Sat/Sun] Wood chips, Glen Gray
- March 29/30** [Sat/Sun] Pequest Open House
- April 5** [Sat] Trout season opening day
- May 3** [Sat] Hooked on the Hudson
- May 24** [Sat] Mahwah Fishing Derby
- May 31** [Sat] EJTU picnic
- June 7, 2013** [Sat] Ramapo River Day

Continued from Column 1

dates, selected by a nominating committee, will be presented soon, but if you would like to join the Board, contact Doug Penna soon. You would enjoy being part of a group that chooses the direction in which EJTU will move.

###

**East Jersey Chapter  
Trout Unlimited  
Board of Directors**

**President/ Conservation Chair (1)**  
Ray Cappock

**1st Vice President/Webmaster**  
Bill Borowski

**2nd Vice President/Treasurer**  
Bruce Seiden

**Recording Secretary**  
Dino Eftychiou

**Membership Secretary**  
Ken Barile

**Education**  
Doug Penna

**Speakers**  
Chris Henrickson

**Merchandise**  
Elio Chiavola

**Trout in the Classroom**  
George Petersen

**Points**  
Paul Reithmeier

**Publicity Chair**  
John Grisoni

**Riffles Editor**  
Ray Cappock

**Founding President**  
Don Ecker



**Catch and Release at  
the Big Flatbrook and  
Ken Lockwood Gorge**

The new regulations proposed by NJ Division of Fish & Wildlife and endorsed by the NJ State Council of Trout Unlimited have been voted on and approved by the Fish and Game Council.

These new regulations will adopt “**catch and release only, artificial lures and flies only**” on a 4.2 mile section of the Big Flat Brook River.

There will also be continued trout protection within the Ken Lockwood Gorge Trout Conservation Area section of the South Branch of the Raritan River by making this “**catch and release only**”.

Fish and Wildlife will look to re-establish and sustain wild and native brook trout populations.

Remember:

- Don't play fish to exhaustion; use a landing net.
- Handle fish in the net, grasping them across the back and head.
- Turn fish belly up while removing hooks.
- Use barbless hooks or flatten the barbs on your hooks.
- Don't remove swallowed hooks; cut the line.
- Don't keep fish out of the water more than ten to fifteen seconds.



**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at 201-391-9214 or email to: [kenbrile@optonline.net](mailto:kenbrile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

**Fishing Licenses –  
and Registrations**

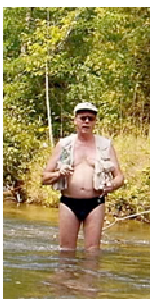
December, end of year; December end of New Jersey Fishing License, NJ saltwater fishing registration, NY saltwater registration and Connecticut saltwater fishing license. Better start picking up those licenses!

Saltwater registration is free except in Connecticut (\$15 for non-resident) but they will honor the free NY registration, so go to DE-CALS and save \$15 in you are going to fish the foam in Connecticut.



There is certainly something in angling that tends to produce a serenity of the mind.

*Washington Irving*

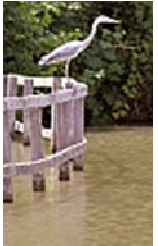




## NJ Audubon Essex County Birding Field Trips

Led by Dave Hall, Associate Naturalist

We will look for resident and over-wintering birds as well as scenic vistas. Dave will set an easy pace, and most of the trails are level and wide. Hikes take place unless trails are impassable due to snow or ice; heavy rain or snow cancels. Registrants will receive a confirmation call/email in the event of a cancellation. Trips are designed for adults and children 12 and older. Please contact Kelly Wenzel at 908.766.5787 to register.



### THURSDAY MORNING FIELD TRIPS

#### Essex County Hilltop Reservation

Thursday, December 5 8:30am to 11am

A leisurely winter hike while looking for winter wildlife, especially field and forest birds. Meet at Mountain Avenue and Courter Lane, North Caldwell. Free

#### Essex County Hatfield Swamp

December 19 8:30am to 11am

A journey into the frozen swamp to search for winter visitors and lingering fall migrants that call the heart of western Essex County home. Meet at Stop & Shop, 875 Bloomfield Avenue, West Caldwell. Fee: \$6 members, \$8 non-members



#### Essex County Weequahic Park

February 13 8am to 11am

Visit an Essex County oasis while searching for wintering ducks, gulls and passerine birds. All can be viewed along an easy trail around the lake. Meet at Foster Street and Weequahic Park Drive, Newark. Free

#### Troy Meadows

February 27 8:30am to 11am

Search the edges of the frozen swamp for wintering birds and early migrants. Be prepared for muddy or icy conditions. We will carpool to the trail head. Meet at Essex County Environmental Center, 621 Eagle Rock Avenue, Roseland. Fee: \$6 members, \$8 non-members



### SATURDAY MORNING FIELD TRIPS

#### Essex County South Mountain Reservation

December 7 8am to 11am

Visit several key locations within one of Essex County's largest parks. Discover how easy it is to find wildlife in winter when there is plenty of food, water and shelter. We will carpool to various locations within the park. Meet at Essex County Turtle Back Zoo, 560 Northfield Avenue, West Orange. Fee: \$6 members, \$8 non-members



#### Essex County Riker Hill And Becker Tract

January 18 8:30am to 11am

Walk through old farm fields to discover overwintering field birds. Hike along the ridge at Riker Hill for great views and a look at woodland birds. We will carpool to the hiking site. Meet at the Essex County Environmental Center, 621 Eagle Rock Avenue, Roseland. Free

#### Hawk Rise Great Backyard Bird Count

February 15 8:30am to 11am

This is the weekend of the Great Backyard Bird Count (GBBC), an annual, national citizen-science event sponsored by Cornell University and the National Audubon Society. Hike the forest and wetlands at Hawk Rise and discover who is wintering here and perhaps see some early migrants. After we get some practice, we will officially participate in the GBBC and log our data! This program is intended for birders of all ages and ability; loaner binoculars will be available. Dress warmly and be prepared to walk in snow or mud. Meet at the Hawk Rise Sanctuary, Range Road, Linden, NJ. Free





Joyeux Noël Buon Natale

Fröhliche Weihnachten Feliz Navidad

Boldog Karácsonyt Feliz Natal

Vrolijk Kerstfeest Veselé Vánoce

Buon Natale God jul



The Regal Frank B. Hall Contest



Yon flye bath visage of the Royal Trude family!

Now is the winter of our discontent... Oh well, since we have no Richard III to turn winter to glorious summer, how about spending the next two dreary winter months practicing the Royal Trude? When summer finally comes you will not only have a supply of a distinctive fly, but you may also have won EJTU's Frank B. Hall Memorial Fly Tying contest.

When you have finished practicing and are producing perfect Royal Trudes, just deliver your best three examples to the fishing department of the Ramsey Outdoor Store in Ramsey, bring them to a monthly meeting or give them to any EJTU director by February 12. The winner of the contest will be announced at our annual dinner in March.

The pattern and other details can be found here:

<http://tinyurl.com/nx8nm35>

Visit the East Jersey TU web site for up-to-the-minute information, the photo gallery, links to fishing sites and much more:

[www.ejtu.org](http://www.ejtu.org)

But don't forget to also check out EJTU on Facebook

<http://tinyurl.com/ptq2u3t>

Annual Dinner

The EJTU Annual Dinner will come along before the 2014 trout season opens, so look for some information about it that will come your way soon.

The dinner is always a fun event but the 2014 version will probably be even more enjoyable than in the past.

A new location? Almost assured! But wait for your invitation.

December Fly of the Month

The holidays are around the corner and things are getting hectic. But, maybe you can sneak out for a few hours. It's a nice sunny day and a few midges might be around - it sure beats spending the afternoon in the mall. Let me see, fighting the crowds in the department stores or fighting a few of those big fish that State Fish and Wildlife stocked this fall on the Ramapo - you decide.



Tie up your favorite midge pattern, or better yet, an assortment of your favorites, and turn them in at the next meeting