



# Riffler

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited

Volume 40

August 2010

Number 8

## Summer Reading

August. The Doldrums. And, when I checked my New Collegiate Dictionary to see exactly where the doldrums are I found that the word follows “dolce vita” – somehow very appropriate.

Recent weather, blazing heat coupled with high humidity and occasional squalls that don’t drop enough water to keep my lawn from feeling like Rice Krispies underfoot, has been conducive to reading so this column is mainly tidbits accumulated from reading thirty-three year old copies of Riffler of 1977.

The January issue has an interesting comment, “*The fishing expert tells you how to catch fish. The conservationist makes it possible*”. Another comment, attributed to “The Old Angler” comes from the April issue: *Somewhere between what is and what was is an excellent definition of conservation.*

April also has articles about the mapping of Central Jersey’s flood plain, the fight against a proposed Pumped Storage Facility in Prattsville that threatened the Esopus, the formation by EJTU of a Conservation Action Force, and a group called the “National Humane Education Center” that teaches children about “fishermen cruelty to worms”. How much progress have we made in 33 years?

July’s issue advises readers to prepare for the metric system. “We will be speaking of 253 centimeter rods, 360 centimeter leaders... A fish that comes to the net at 1.5 kilograms will be damn nice...water temperatures of 12 degrees...We may as well get used to it now, it’s coming”.

(Continued on page 2)

**When:** August 11 at 7:30 PM

**Where:** American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## August Speaker

Our speaker will be Jon Shein Most, a partners in Kayak Fishing Magazine.

Jon has been writing and promoting kayak fishing for over a decade now. He has a very diverse resume in kayak fishing and has written a book on it.

Jon has outfitted hundreds of kayaks and shipped kayaks and all over the world. He’s been a guide and has run trips. He’s fished from over 55 different kayak models in an array of environments all over the continent and has caught over 75 species of fish from kayaks. He’s done so using fly, spin and conventional equipment with both artificials and bait.

It’s a broad resume and his book “Kayak Fishing” reflects this.

## Catch-and-Release

Anglers should practice proper catch and release methods. If they do, fish have a better chance of living to bite again.

- \* Flatten the barbs on hooks.
- \* Land fish quickly when possible.
- \* Handle fish gently supporting the head and tail.
- \* Keep fish in the water whenever possible.
- \* Keep fingers away from gills.
- \* Carefully remove hook or cut line.
- \* Revive fish by moving it gently back and forth in the water before releasing it.

## EJTU Calendar

Advise Rich Malizia of changes to calendar events (E) at 973-304-0789 or [remqcp@optonline.net](mailto:remqcp@optonline.net); let Ed Higgins ([easyedh@gmail.com](mailto:easyedh@gmail.com)) know if you are interested in fishing trips (F) well in advance because openings are limited and reservations must be made in advance. Get your money in as soon as possible or someone else will take your place. Please consult EJTU’s web site’s “Upcoming Events” for the most up-to-date details.

**August 7 2010** - Dunkerhook Clean-up (8/8 rain date)

**Aug 11, 2010** - Membership Meeting, Jon Shein, Kayak Fishing Magazine.com

**Sep 8, 2010** - Membership Meeting, Craig Hull, Troutgetter Flies & Guide..program on finding big fish

**Oct 13, 2010** - Membership Meeting, George Petersen, Brown Trout Fishing in Ireland, County Meath

**Nov 10, 2010** - Membership Meeting, John Shaner, Hardy Rep,

**Dec 8, 2010** - Membership Meeting, Animal talk by Jerry Zalenka or his daughter

**Apr. 30, 2011** – Hooked on the Hudson

**May 28, 2011** – Mahwah Fishing Derby

## Welcome to July’s New Members

Kiefer Bachmann	Ridgewood
Guido Belcic	Leonia
W. Holzer	Ho Ho Kus
Joe Sadonis	Verona
Michele Torzilli	Hackensack

**East Jersey Chapter  
Trout Unlimited  
Board of Directors**

**President/ Conservation Chair**  
Ray Cappock

**1st Vice President/Webmaster**  
Bill Borowski

**2nd Vice President/Treasurer**  
Bruce Seiden

**Recording Secretary/Pequest Programs**  
Bob Hresko

**Membership Secretary**  
Ken Barile

**Education**  
Doug Penna

**Speakers**  
Ed Higgins

**Merchandise**  
Basil Santamaria

**Trout in the Classroom**  
George Petersen

**Points**  
Paul Reithmeier

**Publicity Chair**  
John Grisoni

**At Large**  
Elio Chiavola  
Dino Eftychiou

**Founding President**  
Don Ecker

**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at: 201-391-9214 or email to: [kenbrile@optonline.net](mailto:kenbrile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

## EJTU in Outdoor Life Magazine

Outdoor Life magazine selected our submission of the August 7th clean up of Saddle River Park.

Outdoor Life's Project Save-A-Stream will provide a variety of clean up supplies for use at this event. They will try to provide a photographer to record the day's efforts and we hope to get some acknowledgement in a future issue of Outdoor Life magazine.

It's all about visibility.

Rich Malizia

## Happy 417th Birthday, Isaac Newton



**August 9, 1593**

(Continued from page 1)

In September EJTU members were told – in two places – that the new hatchery on the Pequest might not get necessary funding. As we now know the funding did come through but imagine if it had not. September also had a list of some members' CB "Handles"; did you know that John Roetman was *Green Ghost*?

A "Tying Tip" from the December issue may still help you. "If your fly tying bench doesn't have a well or your holder for that bottle of head cement takes up too much room, try taping the bottle right to the shaft of your vice. A heavy rubber band will also work"

All of the Riffles have well written and fascinating articles and many of them have background on long forgotten battles. Perhaps someday we should review the Tocks Island fight for people who are too young to remember it.



## NJ is Changing the Outdoor Hotline to 1-800- 222-0456

The Operation Game Thief phone number should be used only to report violations such as these:

- Commercial exploitation of New Jersey's wildlife resources.
- Flagrant violations including over limit netting and trapping, and the use of illegal traps.
- Pollution of wildlife habitat.
- Illegal dumping on state lands.
- Negligent use of firearms, including the destruction of signs.

The illegal taking of deer, bear, bobcat,

turkey and endangered species.

A minimum reward of \$25 will be paid to informants for reporting violations which result in a citation being issued. Rewards may be substantially higher depending upon the seriousness of the violation.

A minimum reward of \$100 will be paid for the report of violations relating to deer poaching, illegal trapping and the taking of endangered species. Anonymity is guaranteed if desired. You are fully protected because no one, not even the person you speak with need ever know your name or address. Rewards are paid confidentially also.

If you see or are aware of a violation, call the toll-free number 1-800-222-0456 and give as much information as possible.

Operation Game Thief seeks to enlist the help of all segments of the public in cracking down on wildlife crime.

You can make a difference and you can also be paid for your efforts.



## Rainbow Trout

The rainbow trout is native only to the rivers and lakes of the North American Pacific drainage from Northwestern Mexico to Kushowin River in Alaska but its value as a hard-fighting game fish and tasty meal has led to its introduction throughout the world. Their populations are healthy worldwide and they have no special status or protections. However, they are now considered a non-native pest species in some areas where they have been introduced.

They are members of the salmon family and, like their salmon cousins, can grow quite large. They average about 20 to 30 inches long and around 8 pounds, but can grow as long as 4 feet and weigh up to 53 pounds. The maximum recorded life-span for a rainbow trout is 11 years.

They prefer cool, clear rivers, streams, and lakes, though some will leave their freshwater homes and follow a river out to the sea. These migratory adults, called steelheads because they acquire more silvery markings, will spend several years in the ocean, but must return to the stream of their birth to spawn.

Because of variations in their life history pattern and the habitat in which they spend the majority of their adult lives, rainbow trout can be subdivided into three basic ecological forms:

(1) anadromous steel head trout; (2) resident stream rainbow trout; and (3) lake or reservoir dwelling rainbow trout. Those that migrate, whether anadromous or lake type, are known as steelheads.

Rainbow trout, also called redband trout, are gorgeous fish, with coloring and patterns that vary widely depending on habitat, age, and spawning condition.

They are torpedo-shaped and generally blue-green or yellow-green in color with a pink streak along their sides, white underbelly, and small black spots on their back and fins.

Like salmon, steelhead are anadromous: they return to their original hatching ground to spawn. Similar to Atlantic salmon, but unlike their Pacific salmonid kin, steelhead are iteroparous and may make several spawning trips between fresh and salt water. The steelhead smolts



(immature or young fish) remain in the river for about a year before heading to sea, whereas salmon typically return to the seas as smolts. Different steelhead populations migrate upriver at different times of the year. "Summer-run steelhead" migrate between May and October, before their reproductive organs are fully mature. They mature in freshwater before spawning in the spring. "Winter-run steelhead" mature fully in the ocean before migrating, between November and April, and spawn shortly after returning.

Rainbow trout are predators with a varied diet, and will eat nearly anything they can grab. Their image as a selective eater is only a legend. Rainbows are not quite as piscivorous or aggressive as brown trout or lake trout (char). Young rainbows survive on insects, fish eggs, smaller fish (up to 1/3 of their length), along with crayfish and other crustaceans. As they grow, though, the proportion of fish increases in most all populations. Some lake dwelling lines may become planktonic feeders. While in flowing waters populated with salmon, trout eat varied fish eggs, including salmon, cutthroat trout, as well as the eggs of other rainbow trout, alevin, fry, smolt and even salmon carcasses.

## Help Wanted

We are starting to update our calendar for projects and activities for the balance of 2010 and 2011. The one constant is that we always need help. Clean ups, trout stocking, educational programs, all bring a great amount of public recognition to East Jersey Trout Unlimited. These activities help us carry out the mission of TU as a conservation organization made up mostly of fishermen and NOT a fishing club. It seems getting enough help becomes more difficult every year. Our membership has remained fairly constant although we are all getting older and that is somewhat limiting.

Don't discount the benefits of the public recognition of our activities. Through Mark Czwierinski at The Record, we have gotten great press. Interaction with various environmental groups has made TU the "go to" organization when they need assistance or guidance with their activities. When we need help, we are supported by the communities which benefit from our efforts. All of this comes from being visible.

So please, when the call goes out for help on a specific project, don't depend on "the other guy" to get it done. For all of us gray beards, let's find a young member and get him or her involved. To all of you who have been there and continue to be there, I have the greatest respect and appreciation. Check the calendar and see what fits into your schedule. We look forward to your help.

Rich Malizia

"It has always been my private conviction that any man who puts his intelligence up against a fish and loses had it coming."



John Steinbeck



## Jersey City Traveler

For a number of years NJDEP and interested bird watchers have observed a nestbox housing Peregrine falcons that is located atop Mack-Cali Realty Corporation's 101 Hudson Street building in Jersey City. This has been easy to do because a video camera in the nestbox streams live video to the internet.



Watchers have been able to see new born falcons slowly reach an age when they can join their parents in flights around the buildings that are opposite Battery Park City in lower Manhattan. According to people who have tracked their flights, this year's fledglings are fairly proficient and probably about to depart – but to where? No one knows the whereabouts of all of the falcons that have been bred in Jersey City but one of the birds was

found recently.

On July 13 biologist, Kathy Clark, visited a previously unknown peregrine falcon nest in Paulsboro, NJ - on the site of the Valero Refinery near the Delaware River. She found a pair of adults that are said to have nested in the area since 2007 and are now tending a young chick. The female of the pair is not banded but the male's band was put on a new-born bird at the Hudson Street location in 2003. This was the year that a first clutch of egg was lost under eight inches of snow and a second clutch was laid. This male, which now lives almost 120 miles from his birthplace, is the result of that 2003 Jersey City re-laying of a clutch of eggs. As his photo shows, he is a fine, healthy bird.

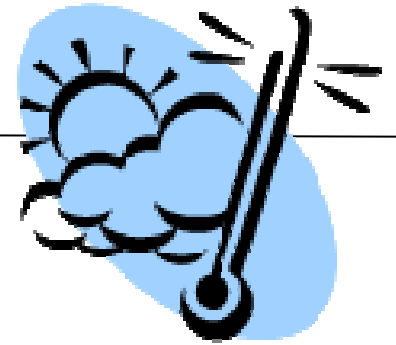
## August - Fly of the Month

This time of year the fishing is at first and last light because the middle of the day can be hot and slow.

Instead of driving 2 hours to your favorite Catskill stream with the hope of an hour or two of good fishing, how about a 15 minute trip to your local bass or pan fish pond.

Whether you prefer bass or pan fish, a hot summer day seems appropriate for this type of fishing.

This month's Flies of the Month will be warm water patterns: bass bugs, pan fish poppers, streamers, dragonflies, leeches, or whatever pattern you prefer.



## Hot Weather Fishing

So the weather has been hot and dry and water temperatures have been high. The lawn is brown (hopefully you have not been watering) and hasn't grown in weeks, so you have all the time you usually spend on lawn care to fish. The question is where and for what. The streams are low and slow and near lethal temperatures for trout, so that's not an option. Many of the small ponds have so much weed and algae growth that you don't want to deal with that mess. Where do you go?

The main stem of the Delaware is one option. The water releases from New York provide reasonable water temperatures for smallies and other warm water species. Lower water levels allow for reasonable wading and wet wading can make the hottest day tolerable. There is access from the Gap to Peter's Valley via the Old Mine Road. Look for fish in areas of well oxygenated water. There are many long riffles with boulders and

other structure that hold fish. These places have smallies behind the larger rocks. Woolly buggers seem to always catch something. Early morning and evening offer a chance to fish poppers. During bright days, fish in the shadows of shoreline trees and other shaded spots. You may have to do some walking to find good spots but for the most part you will have the river to yourself except for the tube, raft, yak and canoe hatches. Even these are far less common then farther up river. The good part is that as these party-people when nearing the end of their trips, are often willing to toss a cold beer to or at an overheated fisherman.

Another option is one of the larger lakes. Monksville, Waywayanda and Shepards all have areas of deep water close to shore. As the water warms, bass and panfish move to cooler locations so you won't find many fish in the shallows during daylight hours.

Scout out deeper water with holding structure.

The Bergen County Park system holds carp. You can also try Scarlet Oak Pond in Mahwah, Oldham Pond in North Haledon (watch your backcast there are always cars behind you) and Barbour's Pond in Garret Mountain. If you have access to a yak or canoe, the "flats" of the lower Hackensack offer sight fishing opportunities for big carp.

So get out and have some fun. Broaden your fishing portfolio. Bring plenty of water and stay hydrated. Big hats, sunglasses and sun block are a MUST.

Tight Lines,

Limp Leader