www.ejtu.org



Volume 46

Presidents Beat

Unbelievable, August already. Where does the summer go? I guess it's almost time to start ramping up for the fall. Thankfully, we still have



a little time to wet a line before the summer is behind us and I know Chris has a Kayak / Canoe outing planned for the end of the month.

I just got back from Montana and had another great time. The fishing varied based on the river we fished, but everyone had their share of good days. The highlight for me was a beautiful native cutthroat on Soda Butte Creek that just hit the 20" mark. Four of us, Bill Canning, Paul Reithmeier, Ron Gherardi and I, spent a week at Yellowstone Park, staying in a great cabin a few miles from the park's north entrance and right on the bank of the Yellowstone River. We did a lot of hiking to fish away from the crowds and saw some beautiful country and interesting wildlife in the process. There were days where we did not see another fisherman all day simply by starting the morning with a 1 hour hike.

August 2015

When: August 12 at 7:30 PM

Where: American Legion Hall

33 West Passaic Street

The Monthly Newsletter of the

East Jersey Chapter of Trout Unlimited

Rochelle Park, NJ

August's Meeting Fly Tying Night

Watch some of EJTU's best tyers in action; discuss their techniques and materials with them and ask them questions. It's a great time to see tying in person and to be able to find out if what you're doing is the best way.



If you're not a tyer, you might find that you would like to learn, so join our fly tying classes that begin in September.

Welcome to July's New Members



Pete Cosgrove Lisle Hill Doug Marsden Joseph Napoleta Rivervale Nutley Bloomfield Hawthorne

Calendar

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Please consult EJTU's web site's "Upcoming Events" for the most up-to-date information and details.

Trips: contact Chris Henrickson C.henrickson@icloud.com

Other events: Rich Malizia at 973-304-0789 or remqcp@optonline.net



Aug. 29 [Sat] Waywayanda Kayak Trip Sep. 25-27 [Fri - Sun] Housatonic Trip Sep. 9 [Wed] Speaker: Bob Romano on Maine's Rangeley Lake Region Oct. [TBD] Musconetcong Trip Oct. 14 [Wed] Speaker: Bob Kecskes on healthy streamflows Nov. [TBD] Salmon River trip Nov. 11 [Wed] Speaker: Pat Hamilton, Principal Biologist, NJ F&W Dec.9 [Wed] Christmas Party



East Jersey Chapter Trout Unlimited Board of Directors

> **President** Bruce Seiden

1st Vice President BIll Borowski

> **Treasurer** Igor Zaretsky

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Membership Secretary Ken Barile

> **Education** Doug Penna

Speakers Chris Henrickson

> Merchandise Elio Chiavola

Director At Large George Petersen

Points Paul Reithmeier

Riffles Editor Ray Cappock

Conservation Chair Rich Malizia

Founding President Don Ecker

Monthly General Member Meeting: The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

Location: The American Legion Hall,

33 West Passaic St, Rochelle Park, NJ. 07662.

Monthly Board Meeting: Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website www.ejtu.org Mailing Address:

East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366

For Membership Information call Ken Barile at: 201-391-9214 or email: kenbarile@optonline.net. For Information on trips and other Chapter Activities go to www.eastjerseytu.org

For East Jersey and National Trout Unlimited information, visit our website at http:// www.tu.org. Go to chapter number 091 and you will get the latest information about our chapter. Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to raycapp@optonline.net

Riffles

Conservation Notes

Efforts by several environmental groups to be recognized by the court in the Exxon settlement were thwarted when the judge refused their inclusion. The decision is being appealed. One would think that because Governor Christie's agreement includes properties never considered in the original claim, the entire settlement would be open to reexamination. It will be interesting to see how the courts handle the appeal. If the Governor prevails, all but \$50 million will go into the general treasury to reduce the budget deficit.

At the time of this writing, a second attempt to cut a 22 mile long pipeline through the Pine Barrens is taking place. Governor Christie has replaced the commissioners who opposed the pipeline when it was last addressed. The Pine Barrens are a long way from Bergen County, but the preservation of this pristine area should be of concern to all our members. When first advanced in 2013, the Pinelands Commission found that building a pipeline through any part of the Pine Barrens would violate the Comprehensive Management Plan's rules. Therefore, one would think the matter was settled then. You can contact the Pinelands Commission at www.nj.gov/pinelands to express your views on the proposed pipeline.

We hope to do a clean-up on the Ramapo River later this month. Mahwah DPW will provide support. We expect to identify a specific area soon. If you have observed a location which deserves some attention please let me know. One approach we are considering is to do a cleanup float using kayaks and canoes to access areas of the river not otherwise accessible.

Mike Sebetich will be looking for volunteers to assist with B.A.T.S. We take samples of the critters living in a stream or river and by determining the type and concentrations of critters we catch, we are able to

evaluate water quality. If help you Mike, not only will you get an education about what lives in the river, you will also gain insight about what flies best match the natural



life found there.

Neil McGee is busy getting temperature monitors place in selected local waters. I'm sure he can always use a helper or two. (781-492-7043 mcgee.neil@gmail.com)

Martin Adamkiewicz has been busy maintaining mono collection tubes. Ed Janiga and some other members have been assisting. Can your local pond use a collection tube? We know of several places that could use one but we need volunteers to maintain them. Usually a monthly visit is sufficient.

Coalition Against the Pilgrim Pipeline continues its efforts to bring public attention to this issue. You may see their volunteers at local farmers' markets and similar public venues. EJTU's Board of Directors has joined many other environmental groups in signing a letter to Bergen County Freeholders asking them to oppose the pipeline. While I recognize that most of us drive gaspowered vehicles and that our society has not and may never wean itself off fossil fuels, the planned route of this pipeline is ill-advised. Any spill along its route in New Jersey will contaminate drinking water supplies used by most of our members. Pilgrim has embarked on a major public relations and lobbying effort to gain approval. They claim the pipeline is needed to help gain energy independence. At the same time

EJTU Volunteer Biographies

This month we present the biography of probably our longest serving board member

Bill Borowski

Born in down-neck Newark, then living in Irvington, there were not many outdoor activities or fishing opportunities for me. It wasn't until I became a Boy Scout that my interest in the outdoors became apparent. Unfortunately for me there was little chance to explore this interest until I completed my education.

I graduated from Montclair University and became an Industrial Arts teacher at Clifton High School; eventually I received my master's degree in Industrial Education and Technology with additional certification in supervision. I spent my preretirement years as supervisor of the Industrial Arts, Home Economics and Business Departments at the city's high school and three middle schools. Finally it was time for one more hat---my fishing hat.

My fishing years truly began after my brother-in-law, George B. Finnegan, gave me a rod, reel, vest, waders and some basic instruction at his home in Mountain Lakes. I still have the Fenwick rod, Pfleuger reel and Wulff vest to remember him by.

A fellow fisherman, Ken Zadoyko, was teaching fly tying to students at Clifton High where we both worked. He introduced me to TU and I became involved in its many activities. Fly fishing



and fly tying became an important part of my life.

I became more proficient by taking lessons offered by EJTU. My fly casting improved through lessons from notable casters while attending International Fly Fishing Conclaves. Held in various locations, they allowed me the opportunity to fish rivers in Montana, Wyoming, Michigan and Idaho.

Several other EJTU members also attended the conclaves. I will always be grateful for the company of Jack Harrington, Glenn Peckel, Jeff Kurman and Dan Popernick. Impressed with the work of IFFF, I became a Life Member.

My membership in TU started in the seventies and I have held several positions on the EJTU Board, as secretary, president and currently vice president. I continue to help out with the fly tying classes and participate in other TU events when my health and time permit. An accomplishment I'm especially proud of was getting the web site started and acting as webmaster for several years. Time consuming, yes, but apparently appreciated by many members back then.

After I retired from education, I joined the staff at Ramsey Outdoor in Paramus in the fishing department. I now work in the Ramsey store part time. My second "career" is interesting, educational and, above all, fun. I enjoy the camaraderie of my co workers; my boss is the total antithesis of Donald Trump, and working there keeps me in touch with many of our members shopping for tackle.

Although I have fished from Alaska to Patagonia and many places in between, my dream trip is to spend time fishing in New Zealand. I would also like to spend more time fishing with my son, but have to wait for his life to allow him the time. I am content with local waters and enjoy fishing with any friends who are willing to go with me.

The lure of the outdoors always calls.



Fly Tying Schools

The Chapter is gearing up for September's start of our fly tying schools that, again this year, will have two different locations: Paramus and Wayne.

The Wayne classes, to be held on Wednesdays, will start on Wednesday, September 30, 2015.

The **Paramus classes**, to be held on Tuesdays, will begin on Tuesday, September 22, 2015



Tenkara – Casting and Other Tips

In this article, I would like to share some of the casting techniques and tips I have learned over the past few years.

Casting Techniques

<u>Dead Drift</u> – Cast up and across the current and let your fly drift downstream.

<u>Pulsate the fly</u> - Cast up and across the current and while your fly is drifting downstream, slightly lift your rod tip up and down which causes the fly to pulsate and indicate movement of the fly.

<u>Pause the fly</u> – Cast up and across the current and when the fly is approximately in the down and across position, pause the fly. This will cause the fly to act like its emerging.

<u>Pause and Drift the fly</u> – Cast up and across the current. After a few feet, pause the fly allowing the fly to emerge. Then continue to let the fly drift downstream a few more feet then pause the fly again.

Pull the fly – Cast down and across and pull the fly upstream like you would strip a streamer.

Sink the (un-weighted) fly:

<u>Pocket Water with Rocks</u> - Cast upstream where there are tiny plunge pools. The fly will look like it's stuck, however the whirlpool will drag fly down. Let the line continue downstream. This should take the fly down about 2 feet.

Cast Further Upstream - This will give your fly more time to sink.

<u>Slow Water where Fish are Deep</u> - Cast upstream as far as possible and let the fly drift. Keep rod tip pointing down towards water sweeping the rod upstream slowly. Let the fly continue drifting down-stream. Repeat this 4 or 5 times and the fly will sink about 5 feet.

Other casting techniques to use that you may already know are the Side Arm Cast, the Oval (or Belgium) Cast and the "Bow and Arrow" Cast.

Tenkara Tips and Tricks

Progressively get used to casting a Tenkara rod

When first starting out, the line should be about 2 feet shorter than rod length plus attaching 4' of tippet Progress to where the line length is equal to the rod length plus attaching 4' of tippet

Finally use a line length that is greater than the rod length (about 1 1/2 times the rod length) plus attaching 4' of tippet

When casting into the wind, use a heavier Tenkara Fluorocarbon level line. If you normally use a #3.5 level line, then go up to a #4.5 level line.

Having problems with your cast? Try one of these tips:

On the forward cast, lift your thumb off the rod handle.

Hold the rod handle at the base in the palm of your hand.

Shoot line straight up in the air and not back behind you.

Stop forward cast at the 1:00 o'clock position and then slowly lower rod to the 2:00 position.

During the cast, if your line bunches up in water and doesn't shoot out straight, loosen grip on rod. Do not over power the forward cast.

Do not over think your cast.

Tips for when your fly gets caught in tree

Quickly pull the rod on an angle and yank rod to dislodge fly.

Collapse rod and pull on the line.

Get to the fly to remove or simply cut the line.

Bottom line is it's just fishing so go out and have some fun!

Riffles

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Walking in Nature

Elio Chiavola, the smiling guy who stands in the back of the room selling shirts, hats, flies, and an occasional belt buckle at our monthly meetings, brought an interesting July 22, 2015 New York Times article to everyone's attention.



The article, *How Walking in Nature Changes the Brain*, describes a study that compared people's mental attitudes after walking through city streets with the mental state of people who walked through a park-like environment.

The first line of the article pretty much sums it up, "A walk in the park may soothe the mind and, in the process, change the workings of our brains in ways that improve our mental health".

A Stanford graduate student, Gary Bratman, first, "found that volunteers who walked briefly through a lush, green portion of the Stanford campus were more attentive and happier afterward than volunteers who strolled for the same amount of time near heavy traffic." He later assembled a group of volunteers and using scans that track blood flow in the brain compared the brains of the half of the volunteers who he had sent to walk through a parklike section of the Stamford campus

with the half that had walked near a highway. The brains of those from the quiet walk showed improvements in mental health and those walkers were no longer dwelling on problems in their lives, while the brains of those who walked near the highway had not been soothed.



Perhaps the walk through the woods

while getting back to the car is why we don't dwell on that monster fish that broke off, the leak in the waders or that box of killer flies that we forgot to bring with us.

For the full article, go to <u>http://well.blogs.nytimes.com/2015/07/22/how-nature-changes-the-brain/? r=0</u>

The Lined Seahorse

Planning a trip to the water's edge around New York City?

Look for the <u>lined seahorse</u> (*Hippocampus erectus*), the only seahorse species regularly found in New York's waters! These seahorses dwell near shoreline edges, piers, and in submerged aquatic vegetation beds and can grow as long as 8 inches. While going to the beach, or just getting down to



Image by Brian Gratwicke

A Monarch



One of four or five Monarch Butterfly caterpillars, that were eating seed pods and leaves on my Monardas on July 30, 2015. Soon they will go into chrysalis stage and then come out as Monarchs that are ready to make their trip to Mexico before cold weather arrives.

Definition of Curmudgeon

Why are you asking me?

Don't bother me again or I'll throw you through the %^*&&)% window!

Harumph!

Conservation Notes Continued from page 2

Texas and Oklahoma are preparing for thousands of unemployment claims resulting from massive layoffs of oil field workers. So while the oil industry is trying to reduce supply to increase prices, Pilgrim is claiming it is doing its best to increase supply. One should also note that NONE of the refined products moving north in the pipeline will enter the New Jersey market. We have all the risk but no reward.

Rich Malizia

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Riffles

EJTU Publicity

EJTU members take part in many diverse activities throughout the year, but the Chapter has had a problem in getting public recognition for its efforts. One of our members, John Grisoni, spent a great amount of time sending press releases to local papers, reporters and "pennysaver" type papers, but there was minimal response to his tireless efforts. Now, because of a growing schedule of other commitments, John is no longer able to carry on.

But, we have not lost our voice; another member, Bruce Halstater, has volunteered to take over the job.

Bruce has experience in handling publicity for another organization, so he should have little difficulty in setting up communications with local media outlets - if we keep him informed about what we are doing.

If you are coordinating an EJTU event or if you know of EJTU activities that would enhance our image if known to the public, contact Bruce and let him know about what is happening. Bruce Halstater 201-767-1288 or brewtrum@verizon.net

TU's Annual Meeting

If you want to attend Trout Unlimited's annual meeting this year you will not have to spend a lot of time getting to it. The national organization has decided to hold this year's meeting nearby this year: Scranton, PA.

The meeting will take place from September 16 through September 20. Look for more details at the TU web site:http:// www.tu.org/get-involved/nationalevents/2015-annual-meeting.

While browsing through a list of TED talks (<u>https://www.ted.com/</u><u>talks</u>} on my TV, I found one from 2009 by Charles Anderson about a dragonfly that, within four generations, crosses the Indian Ocean from India to Kenya, migrates down to southern Africa, returns to central Africa and then flies back across the Indian Ocean to India - a journey of 16,000 kilometers, or 10,000 miles. And, while over the Indian Ocean, they have been found at



Globe Skimmer Distribution

an altitude of 2,000 meters, or 6,500 feet. Quite a trip for a two inch long insect even if it is done over four generations, especially since the swarms of Skimmers fly against the prevailing monsoons. This dragon fly is considered to be the most widespread dragonfly on the planet and, if you search, you may find one because the northeastern US is one of the places listed on its wide distribution.

Compare this with our Monarch Butterflies that, also in four generations, merely fly from New Jersey to Mexico and back, half of the distance travelled by the globe Skimmer.

Mr. Anderson, later in his talk, also describes the migration of

the Amur Falcon. а predator that summers near Siberia. However, when the Siharsh berian/ Manchurian winter is about to

The Globe Skimmer or Wandering Glider



arrive the birds first migrate south to southeast Asia and then, after crossing Bangladesh, continue to southeast India from where they cross the Indian Ocean while on their way to southern Africa. This is quite a trip, even if you do it today via jet.

Mr. Anderson goes on to talk about a few other birds that cross the Indian Ocean while on their annual migrations. Like the Globe Skimmer, they are relatively small birds, but they are all insect eaters and they fly at the same high altitudes as the Skimmers and at the same time as the skimmers so, I assume they have their meals-to-go as they travel.

The talk, like all TED Talks is limited to eighteen minutes, so Mr Anderson gives a lot of interesting information in a short time.

Charles Anderson: Dragonflies that fly across oceans <u>http://tinyurl.com/ogcv9cp</u>

Riffles

New TIC Coordinator

Most of you know that our longtime Trout in the Classroom coordinator, George Petersen, has had to leave the TIC program because of a non-life threatening health problem. He will be missed.

However, another EJTU member has stepped up and volunteered to fill the position.

Jim Piombino will coordinate the delivery of trout eggs to schools in our area that are in the program and handle all other duties involved in keeping the teachers, kids and baby trout happy. Jim can be reached at 201-794-8590, or <u>coacheast-</u>

side1952@yahoo.com

Remember, the fall delivery date is fast approaching so, when Jim asks for volunteers, be like him and step up and take part in the deliveries.

from The Wildlife Management Institute http://tinyurl.com/po7glsu

"Centuries ago, the largest rodent in North America, the Beaver, was extirpated throughout most of its range due to trapping for its highly sought after fur. Today, after years of efforts to reintroduce the beaver to extirpated areas, some consider this critter quite a nuisance while others understand the conservation benefits that beaver have to offer. The North Pacific Landscape Conservation Cooperative recently released a comprehensive guidebook (<u>http://bit.ly/1dxImOy</u>) to provide information about beaver ecology, recommendations for watershed restoration and management through beavers, and options for mitigating the unwanted impacts of beavers."

The authors have apparently never quietly stood on the high bank of a stream on a peaceful June day and almost had a heart attack when a beaver immediately below them made that shotgun-like sound as it slapped its tail on the water.



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Coastal Sound Blasting

In a letter to the August 2015 issue of the New Jersey Federated Sportsmen News, John Toth, President of the Jersey Coast Angler's Association, describes climate change testing in a 230 square mile area that is 20 miles east of Barnegat Inlet.

Toth writes that Rutgers University and a few other universities received funding from the National Science Foundation to conduct seismic tests designed to "assess deep-sea sediment from 60 million years ago". The tests involve ships blasting sound waves louder than a jet taking off (230 decibels) every 5 seconds continuously for a month.

While this testing may increase Rutger's cash flow and, in some circles, its reputation,

it doesn't appear to be beneficial to marine life near the Jersey Coast.



Fishing Derby Video

On June 27, 2015 a group of EJTU volunteers assisted children who were fishing at Glen Rock's Arboretum during the town's fishing derby. Everyone had a good time, including our volunteers, and the organizers of the event sent a link to a video that was made that day.

Fishing Derby at the Arboretum 2015



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Watering Your Lawn

It's August and your lawn needs water. But, how much? And when?

United Water, the supplier of water to many north Jersey towns has a site that can help you. If you go to United Water's ET program, at <u>www.unitedwater.com/</u> <u>et</u>, and select the area in which you live, you will be brought to a page that tells you how much water lawns need on that day.

Here is an example from a couple of weeks ago.

The Daily ET Index for Tuesday, Jul 14, 2015 is 0.50 inches.

This means you should water your lawn 30 minutes today, if you haven't watered your lawn in at least four days.

Please use discretion when using this site's suggestions. When I copied the above information, on a day on which intermittent showers had been predicted, two very heavy squalls had just passed through and things were pretty wet.

Riffles

No Canned Peppers!

The food at July's meeting/ cookout was enhanced by some home-prepared additions that were brought by Rich Malizia, Bruce Seiden and Doug Penna (excuse us if someone was missed).

But the sweetest treat was brought and cooked by Vic Mignoli. Two weeks before the meeting, sausage was added to



the menu a n d someone s u g g e s t e d t h a t c a n n e d peppers could accompany t h e m . C a n n e d

peppers? That idea caused Vic to look like he had been struck by lightening. If you had some sausage and peppers at the meeting, be assured that the peppers had never seen a can; they were Mignoli peppers.

Ramsey Outdoor is now renting Kayaks and Canoes at the Franklin Lakes Nature Preserve!



- Kayaks and Canoes every weekend through August 30th.
- Rain or Shine.
- First come, first serve basis.
- 10am to 4pm.
- Under 18 requires a parent or guardian's permission.

The Library Display

It's tough to keep up with Doug Penna. Somehow, in spite of his history of fishing about twenty hours a day throughout the year, he manages to keep moving the EJTU library display from one library to another.

He has now installed the display in the River Edge Public Library Stop by and check out his work!



The River Edge Public Library is located at :

> 685 Elm Ave. River Edge, NJ 07661 Tel: 201-264-1663

Tell Fish and Wildlife

The NJDEP Division of Fish and Wildlife is seeking angler input on WARMWATER and COOLWA-TER fishing experiences in New Jersey through an online survey. The survey takes about 20 minutes to complete and includes questions on species preferences, waterbody success, fishing tournaments and angler opinions on fishing opportunities for species such as Largemouth Muskellunge, Bass. Walleye, Channel Catfish and Hybrid Striped Bass.

For more information, including the link to the survey, visit <u>http://www.njfishandwildlife.com/</u> <u>news/2015/survey_fisheries.htm</u> on the Division's website.

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Boat Owners

BoatUS, the Boat Owners Association of the United States, has sent a message on July 13, 2015 regarding ethanol use in fuel. The message states that the EPA has asked for comments on a

proposal to increase the amount of ethanol that must be blended into the fuel supply in 2015 and If the 2016. proposal is adopted, it is possible that



E15, gas containing 15% ethanol, might be found in more gas stations.

According to BoatUS, "The Renewable Fuel Standard (RFS) is the 2005 law that requires the blending of biofuels such as cornethanol into our gasoline". When written, it was assumed that America's use of gasoline would continue to rise and therefore mandated escalating amounts of biofuels to be blended with our fuel. Since 2005, U.S. gasoline usage has actually dropped steadily and now the law forces more ethanol into fewer gallons of gasoline.

To keep up with this mandate, in 2010 the EPA permitted E15 (fuel



containing up to 15% ethanol) into the marketplace, for some engines. E15 is prohibited from

being used in marine engines, snowmobiles, motorcycles, small engines like lawnmowers and leaf blowers, as well as any vehicle made before 2001. In multiple studies, E15 has been proven to damage boat engines." Presideny's Beat continued from Page 9

Yellowstone needs to be on the bucket list of everyone that loves the outdoors and has never seen it. Just be prepared, as the altitude can take some getting used to, and if you are considering hiking, you need to be in decent shape or you might risk kicking that bucket if you over due it.

Jim Brinkerhoff and Igor Zaretsky joined us for a second week which was based out of Ennis, MT and concentrated for the most part on the Madison, another truly great river. The fishing wasn't always easy, and there were dead periods where you would not see a fish for hours, but in the long run we all did just fine. Ask Jim to show you the picture of the huge brown he caught on a float trip.

If you never fished the western states, it can be done pretty cheaply provided you can get a group of 4 to 6 together. Airfare is the biggest expense, but if you can use credit card rewards or just keep an eye out for low fares you can still find flights well under \$500. Rent a house and a car, buy groceries and

don't hire guides every day and you can do a full week for not much more than \$1000. I always like to hire a guide for a day, early in the trip, to see what is going on and save a lot of trial and error. The guides are on the rivers every day, they talk to the other guides and they know what is working best at that time. If you can catch fish in the Catskills, especially on the Delaware, you will have no trouble out west. The way I figure it, a week's fishing in Montana can cost me less than a weekend away with my wife.

I would be remiss if I didn't issue one final reminder that the TU National meeting is just over a month away and will be in Scranton, PA this year. This could easily be done as a day trip. I will be attending along with some of the board members. All members and their families are welcome. It runs from September 16-20 and is being held at the Hilton Scranton & Conference Center. For more information and to register use this URL / link: http:// www.tu.org/get-involved/nationalevents/2015-annual-meeting

Visit the East Jersey TU

web site for up-to-the-minute

Information, the photo gallery,

links to fishing sites and much more:

www.ejtu.org

But don't forget to also check out EJTU on Facebook http://tinyurl.com/ptq2u3t



Riffles