



# Riffles

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited

Volume 46

July 2015

Number 7

## Presidents Beat



The flurry of spring events is winding down as we now enter summer. But, while we still have a number of fishing trips planned, most of the conservation and public outreach activities are behind us until fall. Hopefully, everyone got a chance to get some fishing time in and will have plenty of fishing stories to share at the July meeting.

TU's Midatlantic Regional Meeting, which was held in Maryland, is now history and this year's meeting while still productive was lightly attended compared to last year's. The plan for next year is to merge the Northeast and Midatlantic meetings into one larger meeting. The larger meetings always seem to generate more interest and offer greater opportunities to share and learn from other chapters.

I want to remind everyone that the TU National Meeting, that runs from September 16-20, 2015, will be in our backyard this year, in Scranton, PA,. Start making your plans to attend. For more information or to register for the meeting use this link: <http://www.tu.org/get-involved/national-events/2015-annual-meeting>. I will be attending along with several other board members.I mentioned our July meeting at

Continued on page 6

When: July 8 at 7:30 PM

Where: American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## July Meeting Speaker Not Needed

As in other years, our July meeting will be in the pavilion behind the meeting hall.

We will have a good supply of basic picnic fare {so don't have supper at home) and tables will be available for you to sell your unneeded equipment. If you have nothing to sell, browse through other members' articles and you may find just what you need.

## Welcome to June's New members



- |                  |               |
|------------------|---------------|
| Jonathan Anthony | Montclair     |
| Brian DiSalle    | Little Falls  |
| Phil Gaffrey     | Glen Rock     |
| Bill Hayes       | Saddle Brook  |
| Chris Kojanis    | Tenafly       |
| William Lewis    | Hackensack    |
| Timothy Marchant | Wayne         |
| Joe Martella     | Montclair     |
| Ronald Mroz      | Secaucus      |
| James No         | Edgewater     |
| Michael Repta    | Hasbrouck Hts |
| Lefalar Robert   | Wayne         |
| Barry Rozema     | Hawthorne     |
| George G. Sabol  | Bloomfield    |

## Calendar

Please consult EJTU's web site's "Upcoming Events" for the most up-to-date information and details.

Trips: contact Chris Henrickson  
C.henrickson@icloud.com

Other events: Rich Malizia at  
973-304-0789 or  
remqcp@optonline.net



- July 10/12 Farmington River Trip
- Aug [TBD] Kayak Trip
- Sep [TBD] Housatonic Trip
- Sep 9 [Wed] Speaker: Bob Romano on Maine's Rangeley Lake Region
- Oct [TBD] Musconetcong Trip
- Oct 14 [Wed] Speaker: Bob Kecskes on healthy streamflows
- Nov [TBD] Salmon River trip
- Nov 11 [Wed] Speaker: Pat Hamilton, Principal Biologist, NJ F&W

"OVERWORK, n. A dangerous disorder affecting high public functionaries who want to go fishing."



Excerpt From: Ambrose Bierce.  
"The Devil's Dictionary." iBooks.

**East Jersey Chapter  
Trout Unlimited  
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**Merchandise**  
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**Trout in the Classroom**  
George Petersen

**Points**  
Paul Reithmeier

**Riffles Editor**  
Ray Cappock

**Conservation Chair**  
Rich Malizia

**Founding President**  
Don Ecker

**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at 201-391-9214 or email to: [kenbarile@optonline.net](mailto:kenbarile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

## Conservation Notes

Ramapo River Day was a disappointment because many children did not show up as scheduled. There were several cancellations and threatening weather may have turned away others. But, we had plenty of help and got all the equipment set up well in advance of the arrival of the kids, even though it is always a challenge to assemble the two large canopies. We may have to have a practice session before next year's event. Dr. Cristini and the staff from Ramapo College handled all the technical areas. Our Watershed Ambassador did a great job explaining non-point source pollution. Our critter catchers were able to get into the river which receded significantly after the heavy rain earlier that week. The fly tying and casting instructions were well received. In all, it was a very successful event. However, I only wish we had more participants.



It appears that the capping of the paint dump in Ringwood is proceeding with little or no resistance. I don't understand why a plan which potentially jeopardizes the drinking water supply for most of our area has garnered so little opposition. I continue to send notes to my State representatives chiding them for their inaction. They need to know that some of us are watching and care about what happens to our environment. Why not take the time to voice your concerns?

The sale of over 700 acres in the Meadowlands was announced recently. The press release stated that the details of the contract could not yet be released to the public. That immediately makes me think that it involves some type of handout, use of public funds or tax giveaway. I envision these contracts being written the way the French eat those little songbirds; with their heads covered with towels to prevent anyone from seeing what is really going on. We will see what develops.

I had the opportunity to observe some of the restoration work being done on the Musky where the section above Pt. Mountain Road has been enhanced by the addition of pools and boulders. If you fish that area this year, wade cautiously because most of the drop-offs are abrupt. Eventually the force of the water will smooth the transitions but for now you could go for a swim. The next area to get some attention will be the recently acquired section below the bridge at Pt. Mountain Road. The river in that section is fairly wide and featureless but that will change once the work starts.

The Glen Rock fishing derby was well attended and well supported by our volunteers. The Arboretum produced a video in which EJTU is credited for our support of their event. While these types of events may not be true conservation activities, the exposure helps EJTU to become known in these communities.

Our schedule is winding down now as most activities, which seemed to have been planned to conflict with the best weeks of the fishing season, have concluded. We will be arranging a clean-up sometime in August. While it may be during the mosquito hatch, it should not conflict with any good fishing. Stay tuned.

Thanks again to the many volunteers for giving up their time to make all of our events successful.

## EJTU Volunteer Biographies

This month we have the opportunity to learn a little about another Board member,  
**Ken Barile**

**T**he area of Fair Lawn in which I grew up in the 1950's gave me many opportunities to spend time in the outdoors. It was a great place to be a young man. My friends and I camped out in the woods. We trapped muskrats. We built forts in trees and rafts to float down the brook. We also spent time fishing. Living close to the Passaic River, we used Mulberries for bait and caught carp as long as my arm (if I could land them).

As we got older and could ride our bikes, our fishing took us to farther destinations and other towns. We fished the Goffle Brook and Pond in Hawthorne; we fished the reservoir in North Haledon for Yellow Perch and Bass; and we fished Franklin Lake for Bass and Eastern Chain Pickerel. My introduction to trout fishing came when a friend's father took us to the Bear Swamp Brook where we used fly rods, but with worms for bait. It was there that I caught my first trout, an 8" Brookie.

About that time, a small outdoor store, "Len's Fish & Game", opened in our neighborhood. This became our local hang out. We met many fishermen from the area and swapped stories with



them. They taught us much about fishing. Many of these fishermen were fly fishermen who extolled the benefit of the sport. This was also my introduction to fly tying. The first fly I tied was a Marabou Streamer.

When I was in High School I was fascinated by science and science fiction, so it was not a stretch for me to be interested in automation and computers. I chose to pursue a career in the burgeoning field of Data Processing, so I attended a business school to learn computer programming.

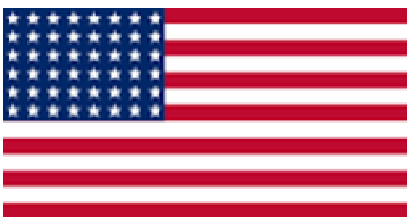
I joined BMW of North America in 1973 as their first programmer. Over the next twenty-five years I worked my way up in the organization until I was in charge of the entire Information Technology department, with one hundred

people reporting to me. While at BMW I attended college at night and earned a Bachelor of Arts degree in Literature. In 1986 BMW sent me to the graduate school of Northwestern University to attend the Executive Development Program. I retired from BMW after 34 years and started my own consulting company, Peake Consulting, LLC. where I provide Management and IT consulting services to companies in the automotive industry.

I married my wife Persia in 1973, and we have three grown sons who have all attended and graduated from college. While I took all my sons fishing when they were young, as adults, they prefer golf and other sports.

I have been a member of Trout Unlimited since June of 2000. I started attending meetings and getting active in our chapter in 2007 after I retired from BMW. For the past five years I have been the Membership Secretary, a job I find both interesting and rewarding. I enjoy welcoming people into our chapter.

I have spent many happy, peaceful hours wading in trout streams with a rod in my hand, and hope to spend many more in the future. My dream trip is helicopter fishing in New Zealand for trophy Rainbow trout in gin-clear water.



## Tenkara – Using the Gear

You got the itch and ran out and bought a Tenkara rod. Now you go down to the stream, carefully extend the rod sections (most rods that are broken during the first 5 minutes of ownership!) and attach your line and fly. You suddenly realize you have absolutely no clue how to fish using your Tenkara rod. Well actually you do. You need to hone your western fly fishing skills but need to learn a few new ones. Remember this is still fly fishing, not cane pole fishing.

### Holding the Rod

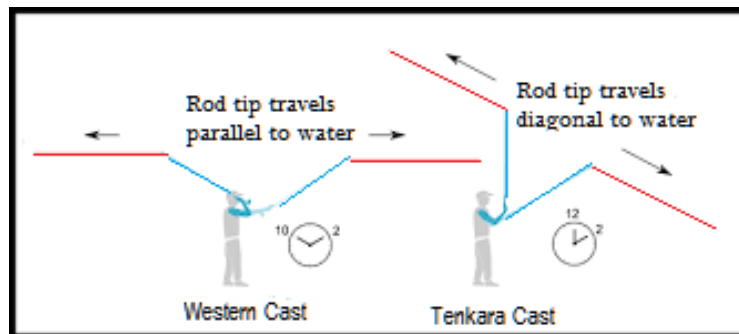
How you hold a Tenkara rod is different than holding a western fly rod. Instead of holding the rod with your thumb on top, turn your wrist so that your index finger is on top. Your thumb should be on the side of the rod handle. Use your middle finger, ring finger and pinky to lightly grip the handle. Do not grip the rod too tightly or you will have difficulties with your cast. See below picture.



*Tenkara Rod Grip*

### The Casting Motion

At the Paramus Beginners Fly Fishing class the instructors are constantly reminding students, “don’t bend your wrist”. Well with the Tenkara cast, you need to break your wrist and use only a little of your arm. Do not over power your cast. Cast slowly and don’t snap your wrist. You can flex your wrist but don’t make a quick snap. Keep your elbow tucked in and do not extend the arm. The Tenkara casting motion is from 12 to 2 and not 10 to 2 like the western style cast. On the forward cast, point your finger where you want the line to go. See below picture.



### Landing the Fish

When a fish takes your fly, set the hook and then bring your rod back behind you (*Fig. 1*). While keeping the rod behind you, grab the line with your hand (*Fig. 2*). Pull in the line with your hands (not the rod) to bring in the fish (*Fig.3*). It’s best to use a net to land the fish (*Fig. 4*).



*Fig, 1*

*Fig 2*

*Fig 3*

*Fig 4*

Continued from page 4

### Where to Cast

Just like western fly fishing, Tenkara anglers cast upstream, up and across, across, down and across and downstream. The direction you cast is based on stream conditions and personal preference. The Tenkara angler casts to the same places that a western fly fishing angler would cast a dry fly or nymph. When casting a Sakasa Kebari (reversed hackle fly), cast up and across and pulsate the fly by moving the rod tip slightly as the fly drifts downstream.

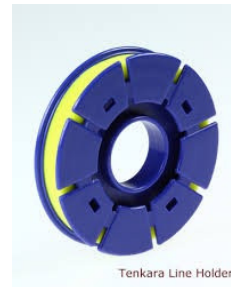
### Moving Around the Stream

Walking your way between fishing spots holding a 12' to 13' rod could be somewhat difficult, but that's the advantage of the telescoping Tenkara rod. With the line still attached to the rod, collapse the rod, wrap the line around a Tenkara line holder then push the spool thru the tip of the rod. It's that simple.

*Ready to Travel!*



*Tenkara Line Holder*



*Bob Hresko*

### Warm Water Fishing

Prime fishing time is over, so it's time to dead-head the petunias, stain the deck, clean the barbecue or find some other interesting projects to keep you occupied. Or, maybe not!

Why not use some of your gear on something besides trout? How about the many types of panfish that will take flies or the good sized carp that live in our local streams? But, better than those choices, check out the Outdoor Life Magazine story about bass bugging with fly rods

[<http://tinyurl.com/oap8mzj>].

The author, Gerry Bethge, writes that, "Unlike flyfishing for trout, bass bugging was born and raised in America. According to Ray Bergman, one of the great angling authors of the 20th century, its roots can be traced back to the Seminole Indians in the mid 18th century." However, after the 1940s, trout fly rodders and bass anglers went their separate ways and bass fishing is still considered to be a "blue collar" sport while trout fishing is felt to be more of an elite exercise.

If you want to be a trout purist, you will have to search for those places where the water remains cool during summer months, but, if you just want to enjoy the outdoors while outthinking a fish, maybe you should have some warm water fishing fun.



### NJ WILD Outdoor Expo

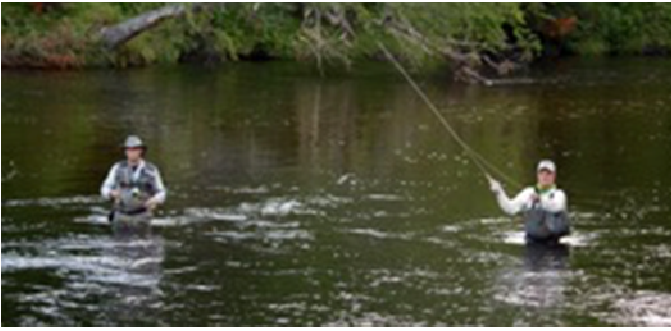
The NJDEP's sixth annual NJ WILD Outdoor Expo will be held Saturday and Sunday, September 12-13, at the Colliers Mills Wildlife Management Area in Jackson Township, from 10 a.m. to 5 p.m., rain or shine.

This family event is designed for visitors to discover new ways to appreciate and enjoy New Jersey's great outdoors. Participants can try out many of the outdoor activities available within the state's forests, parks and natural areas, such as fishing, kayaking, hiking, shooting sports, rock climbing, camping skills, compass navigation and wildlife watching.

Admission and parking are free. All activities are free with the exception of a \$3 fee to use the climbing wall. For more information visit <http://www.wildoutdoorexpo.com/>

### Ausable River Trip, 2015 *Dino Eftychiou*

Last month, nine EJTU members—Chris Henrickson, Igor Zaretsky, Fred Madura, Greg Tarris, Mike Kazik, George



couple of years and have been very happy with the guidance from Tom the owner as to the best places to fish and the best flies to use.

Rosazza, Rich Sisco, Chris Eftychiou and I—attended our annual Adirondacks fishing trip for three days of fishing the fabled Ausable River. Although some of the diehard fishermen left Bergen County at 1:30 AM on a Friday and

And, frankly, we like to spend some money in these types of shops to support them.

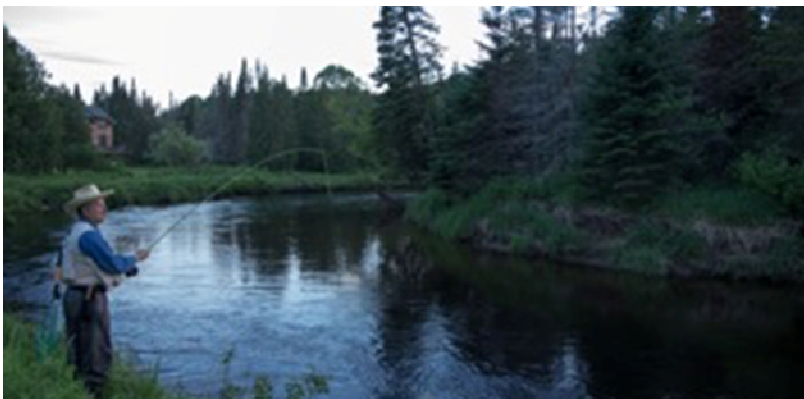


were fishing the river by 6:30 AM, most of us left our homes at a saner hour that morning. After checking into the motel, the Alpine Country Inn in Wilmington, NY, we met at the A&W restaurant right next to the motel for lunch and to discuss our plans for the rest of the weekend.

It had rained earlier in the week, so the river was running very high and very fast. We decided a wise move was to go to one of the local fly shops to get some professional advice as to the best spots to fish. We chose The Two Fly Shop right around the corner from the motel because we've been doing business with it for the past

Because we've been fishing the river for about 20 years, my son Chris and I knew that some of the most successful flies were those created by the legendary Fran Beters who probably did more than anyone else to publicize and promote the fly fishing industry along the magnificent Ausable River. Until he passed away a few years ago, serious fly fishermen had been making their pilgrimages to Fran's Adirondack Sport Shop for almost five decades to get the latest reports on river conditions and hatches, and, of course, to meet what many believed was the foremost fly fishing expert in that region.

So, it was no surprise that Tom suggested some of Fran's flies, e.g., the Ausable Wulff, the Ausable Bomber, the Usual, and the Haystack. (By the way, some people credit Fran's Haystack as the prototype of the Comparadun that has become so popular with fishermen.) But Tom also recommended the AUSA-



President's Beat  
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the beginning of this column and want to remind you that this meeting will be our annual swap meet and BBQ. Come hungry and bring any fishing gear or other items you would like to turn into cash. If you are in the market for a rod, reel, line or almost anything else, be sure to bring your checkbook or plenty of cash. Doug Penna will be selling items donated to the chapter to help replenish the coffers after a busy spring. Please consider donating items if you are not inclined to sell them yourself.

Bruce Seiden

### Fishing After a Rain



After a rain use terrestrials. The rain, and sometimes accompanying wind, washes and blows ants, beetles and all kinds of land-based insects into the water providing a feast for local trout. Try a variety of terrestrials near overhanging bushes and trees until you find what the fish are looking for, then have some fun.



### The Law

“Now the had in standing was be- the lan- the law was be- the lan- the law. Instead of taking each word and finding out the case that the word related to, once in a while I got lazy and I would apply common sense. And then I got really screwed up.”



Lenny Bruce

ble Ugly, a fly that was not created by Fran Betters and one that my son and I have been using on this river with great success. It's a nymph type fly created by Rich Garfield, a knowledgeable local guide. By the



end of the weekend, the Wulff and the Ugly probably were the most productive flies, one fished on the surface and one below. I believe that almost everyone on the trip caught trout with these two flies. (If you're interested in tying them, the patterns are readily available on the Internet and the pattern for the Wulff is on page 8.)

That first afternoon, most of us agreed to fish together as a group, especially because Chris and



I could show everyone some of our favorite spots. For a few hours we fished below the dam in the center of town where everyone caught fish, mostly brown trout. Then we drove to the section of river that runs along Route 86, the main street of Wilmington, and fished a number of spots that were accessible for wading. We ended our day fishing below the bridge at the intersection of Route 86 and River Road where a couple of the guys caught a few

Ausable River Trip, 2015

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more browns. At around 8:00 PM it began to rain heavily, so we took off our waders and drove directly to R.F. McDougall's Pub, the local watering hole, for dinner.

The next morning, after breakfast at The Country Bear, we decided to split up into smaller groups and explore the river on our own. We met again at the motel after lunch (some guys had gone back to

A&W and others had gone to the local market for sandwiches.) Someone suggested that we drive to the Saranac River, about a half hour away, to see whether it was fishable. Unfortunately, when we got there, the Saranac was much too high to fish, but everyone agreed that it was a beautiful river and that next year we definitely would try it again.

We got back to Wilmington around 4:00 pm and managed to get in four more hours of fishing before it got too dark. Most of us fished the stretch of the river that runs along River Road. I think more fish were caught there than the more popular pools and holes that we'd been fishing earlier. What was especially fun and rewarding for us was that almost all the trout, mostly rainbows this time, were going after our dry flies. And remarkably the fish initially were hitting without any noticeable hatches or any other insect activity. They seemed to be going after attractors, such as the Wulff and the Bomber. I experimented with other flies from my box that had orange or red coloring and had success with a number of them, especially a Royal Trude.

Because this section of the river is close to Lake Placid, my son suggested that we have Saturday night's dinner there. It was less than a 15 minute ride. Although the restaurant, the Lake Placid Pub and



Brewery, was crowded when we got there, we waited for a table. We had a very late dinner, but the camaraderie more than made up for it. Sunday morning, some of the guys decided to skip breakfast and go straight to fishing. Fortunately, the motel had complimentary coffee and some snacks. The rest of us had



breakfast at the Country Bear again and still managed to get on the river by early morning. Chris and I walked up river from the Quarry Pool and fished a stretch of water that was new for us. Chris landed 4 nice size browns and I landed two. From what I've been told, everyone else also caught fish that morning before climbing back into their cars and heading home.

Special thanks to Chris Henrikson for helping to organize this year's trip. If you've never been to the Ausable River, you're missing out on fishing one of the premier fly-fishing rivers in the country. I've been fishing this river with my son for a long time, so feel free to talk to me or email me ([deftv7@gmail.com](mailto:deftv7@gmail.com)) if you need any information about a trip there. And don't forget to look at the Galleries page on our website for more photos.



...at Mrs. Kearney's tavern

**Thursday evenings, June 25 and July 9 & 23**

The staff at the historic [Kearney House](#) invites you to join them this summer, as they continue the tradition of Mrs. Rachel Kearney — and offer the chance to leave the twenty-first century behind for a few hours. The open-

house programs, called “Behind the Times at Mrs. Kearney’s Tavern,” will take place on **Thursday evenings, June 25 and July 9 & 23, from 7–9 PM.**

Staff dressed in period garb will put out summer treats for visitors, as they share tales of life along the river in the days of steamships and sloops. Children of all ages can learn the techniques of “hoops” and “graces” and other period games. **Thaddeus MacGregor** will entertain visitors with music and songs of Mrs. Kearney’s day. At around 8:15 each evening, staff will read aloud from a selection of gripping stories, poems, or essays of the period.

This is a free program, open to all, and reservations are **not** needed. The Kearney House is at the north end of [Alpine Picnic Area & Boat Basin](#) (use Alpine park entrance / PIP Exit 2). For more information, call 201-768-1360 ext. 108.



**Ausable Wulff**



- Hook: Dry fly hook, sizes 10-16
- Thread: Fluorescent orange
- Tail: Woodchuck guard hair
- Body: Rusty orange Australian opossum
- Wing: White calftail
- Hackle: Brown and grizzly



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**Spanish Lesson (for lazy anglers)**  
 “Que bonito es no hacer nada, y luego descansar!!  
 “How beautiful is to do nothing , then rest!”