



# Riffles

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited

Volume 46

June 2015

Number 6

## President's Beat

The annual picnic at the Catskill Fly Fishing Center took place this past weekend and for the 2<sup>nd</sup> year in a row, it was a pig roast. A lot of work went into coordinating the event, arranging the food, securing the facility, signing up people for the bunk house and most importantly cooking the delicious meal. I was glad to see an excellent turnout with about 40 people attending. All of those that attended owe Paul Reithmeier and Elio Chiavola their gratitude for a great event.

Paul made most of the arrangement for the day and coordinated the menu. He even made the coleslaw and corn bread and got his wife Michelle to make the pasta salad! Elio took care of the pig from start to finish, ordering it at the butchers, bringing it and all the equipment up to the Museum, roasting it and finally cutting it up and serving it. Everything was delicious. Kudos also go out to those who made/brought the potato salad, cookies and other items, including Elmer Hopper and Doug Penna among others. If you have not attended the last 2 years, plan now for 2016! I missed last year's picnic, but after this year, I will not miss another.

We have had a number of events including fishing derbies and outdoor festivals so far this spring and I want to thank everyone that

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When: June 10 at 7:30 PM

Where: American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## June Speaker Dave Vollenweider



Dave, who has more than twenty years experience fishing New Jersey's rivers and streams, will be talking about Structure Fishing and basic Lake/River Mapping/Interpretation techniques that will change forever how people fish.

He will also reveal a deadly secret on catching MONSTER trout from the streams that have consistently put oversize salmonids in his hands.

## Welcome to May's New Members



- |                 |            |
|-----------------|------------|
| Rob Malizia     | Glen Rock  |
| Mike Petty      | Oakland    |
| Craig Stellakis | Wyckoff    |
| Michael Stempa  | Ramsey     |
| Numargo Vasquez | Wallington |
| Chris Zando     | Allendale  |

## Calendar

Please consult EJTU's web site's "Upcoming Events" for the most up-to-date information and details.

Trips: contact Chris Henrickson  
C.henrickson@icloud.com

Other events: Rich Malizia at  
973-304-0789 or  
remqcp@optonline.net



- |            |                       |
|------------|-----------------------|
| June 6/13  | Block Island Trip     |
| June 12/14 | Ausable River trip    |
| July 10/12 | Farmington River Trip |
| Aug [TBD]  | Kayak Trip            |
| Sep [TBD]  | Housatonic Trip       |
| Oct [TBD]  | Musconetcong Trip     |
| Dec [TBD]  | Salmon River Trip     |

## What Was It?

May's issue presented photos of an unusual item along with the question: What is it?

Only one person, Bill Borowski, responded and he knew what the item was called.

As Bill wrote, it is a Sailmaker's Palm. They were used both to hold large needles and to allow a person to drive the needle through heavy material without harming the hand that held the needle.



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Trout Unlimited  
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George Petersen

**Points**  
Paul Reithmeier

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Ray Cappock

**Conservation Chair**  
Rich Malizia

**Founding President**  
Don Ecker

**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.ejtu.org>  
Mailing Address:  
East Jersey Chapter, Trout Unlimited Box 366  
HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at:  
201-391-9214 or email: [kenbarile@optonline.net](mailto:kenbarile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

## Conservation Notes

Stocking the Ramapo was a great success this year. Each week we had many hands, making the task easier, and we also welcomed a few new volunteers who joined our "regulars". I hope they all enjoyed the experience. We certainly appreciated their help. I know we have a good turnout when all the coffee and munchkins are consumed. Because we had enough volunteers, trout were well distributed. Try fishing the area off Riverview Terrace, just before Rt. 287. It received more fish than in prior years because of our involvement. Sorry if that was your "secret" spot.



Thank you to those who were able to help at the Skyline Drive clean up that was organized by the Town of Oakland. We didn't give you much lead time but we still had a few members who were able to get there. It was a challenge but we got things done. The drivers on Skyline Drive showed no consideration of our efforts and the cleanup ended early because of high traffic volume.

Ramapo River Day may be over before you get *Riffles*. I must admit I am always concerned about having enough help for our biggest event of the year. I hope to have more photos this year so those of you who are unable to attend can gain an understanding of what the program offers and why it is so important.

If you go to your local farmers market or to other community events this summer, you may see folks from C.A.P.P. This is the coalition that is offering information about the threats to the environment from the proposed Pilgrim Pipeline. EJTU and the State Council have joined the coalition in opposition to the pipeline. Please be supportive, sign their petitions and read the literature they provide. Just think about how a pipeline failure like the one that just occurred in California would affect the Ramapo River and all the wells that provide drinking water to surrounding communities.

Mike Sebetich and a few volunteers did the first BATS of the year on the Ramapo and he plans to do a few more over the next several months. I look forward to seeing the results of this latest sampling. This is a great way to learn about macroinvertebrate populations in our local rivers. It is the kind of information we need to understand the condition of our rivers and to become better anglers. Please reach out to Mike or me if you are interested in helping.

We expect to do one or more cleanups once the fishing slows for the summer and are considering a few different locations. If you fish in an area which needs some attention, please let me know and we will make an assessment.

The Conservation Committee is looking for a few good men and women to join us. We meet monthly from 7:00 to 8:45PM on the third Thursday at the Hawthorne Library in Hawthorne, NJ. EJTU is limited in what one would identify as "conservation" projects because of our geographic location, so much of what we do is educational. There are, however, opportunities to get involved with stream insect and tempera

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## EJTU Volunteer Biographies

*We asked Chris Henrickson to take a little time to tell our members something about himself this month.*

I was exposed to the outdoors from an early age thanks to my parents. Though they grew up as “city kids”, they both appreciated the benefits an outdoor life could have on a child. My father often took me fishing for various salt-water species on the small boat he owned in Staten Island, New York and our annual summer vacation to Maine’s Great North Woods allowed me to do my first freshwater angling. I joined the Boy Scouts and I eventually earned the rank of Eagle Scout.

Upon graduating High School, I decided to pursue a career in Architecture. I earned a Bachelor of Science in Architecture at the University of Maryland and later, two Masters Degrees from New Jersey Institute of Technology (in Architecture and Civil Engineering). The demands of college and graduate school greatly reduced the amount of time I was able to spend outdoors, although I was still able to squeeze in a few camping trips and visits to Maine.

Though I had been fishing with spin equipment since before I entered elementary school, I didn’t

pick up my first fly rod until well into adulthood. Fortunately, I had a dear family friend in Maine who happened to be a FFF certified casting instructor. He taught me how to cast and supplied the first books and videos of my ever-growing library. I cut my fly-fishing teeth angling for beautiful wild Brook Trout and leaping Landlocked Salmon on the Kennebec, Moose and Roach rivers, as well as the famous West Branch of the Penobscot, in Maine. Not a bad place to start.

I joined Trout Unlimited in 2010 with the hope of becoming a better fly angler and the desire to participate in conservation projects to help improve the cold-water habitat that is critical for trout and salmon. I have found that, beyond those aims, I genuinely enjoy the friendship and camaraderie I’ve developed with other fellow EJTU members. I even eventually began to tie my own flies and build my own fly rods with the generous help and patient tutelage of fellow EJTU



members.

I am a member of the Board of Directors and coordinate our monthly general meeting speakers as well as our fly-fishing trips. If you have any suggestions for either a fishing trip, a new speaker or an entirely different new event, please speak up and let me know. I can be reached at [c.henrickson@icloud.com](mailto:c.henrickson@icloud.com).

I currently reside in Westwood, New Jersey with Caitlin the catch of my life. Ultimately, I find my quiet, serene and relaxing time spent outdoors, particularly while fly-fishing, to be a wonderful counterbalance to the hectic, technical and deadline driven profession of Architecture.

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volunteered for making them successful. We still have a few events coming so please continue to support the chapter. Refer to the upcoming events on the right side of page 1, and be sure to check out the new calendar that was just added to our website: [www.ejtu.org](http://www.ejtu.org).

Don’t forget that the July meeting will be a barbeque and swap meet. If you have any excess or unused gear that you would like

to turn into cash, start getting it together now. If you need equipment, especially the beginners that attended our spring fly fishing course, this is a chance to get some great deals. A lot of our members are always upgrading their equipment or trying to down size and find they have perfectly good gear they just don’t use any longer.

Tight Lines!

Bruce Seiden

### EJTU Membership

Did you ever wonder how many members there are in EJTU?

As of May 2015 EJTU has over 630 members.



## Selecting Artificial Flies

by George Petersen

**"The man, who has no more problems to solve, is out of the game."**

Elbert Hubbard (1856 - 1915), American Writer and Philosopher

Each day on the water will present its own set of problems to be solved. Where are the fish? What are they eating? Do I have the proper flies? How do I present them to attract the fish?

Any of these can, at times, stump even the most experienced fly angler. For now let us confront fly selection as one basic step in the process. Today we have a wealth of knowledge at our disposal to aid us in this quest. We have the Internet, publications, friends and knowledgeable sales staffs (in some brick and mortar stores). Most important is first hand observation. Personally, I never tie a fly to my tippet until I have seen what is in the water that day. Other good indicators are spider webs. A female spider must spin a new web every night. Look to see what she has snagged. It is not important to know the name of the species you observe but rather

1. Size,
2. Silhouette
3. Color (these are in order of importance).

Now let us look to the choices we have. We can break down artificial flies into two categories, imitators and attractors. The first term is obvious and the second refers to flies tied to capture the fishes' attention though they may not look like anything in nature.

Within these categories are four types:

Dry flies – made to float

Wets – made to sink

Streamers – imitate minnows, crayfish and other water bourn creatures

Terrestrials - imitate land based insects which occasionally land in the surface film such as ants, beetles, grasshoppers and inch worms.



Royal Coachman  
An Attractor

### Dry flies

These are the most fun to use. We humans are visual creatures and this is the most visual aspect of our sport. However, be advised that insects in the surface film make up only around ten percent of the trout's diet.



There are three basic styles of dry flies.

The Catskill style, which is what most of us picture when we think of dry flies.

These are made to float above the surface film.



Next is the parachute style, designed to float lower in the water with the hook point below the surface film. They become very effective in slower flows.



Lastly is the Wulff series, first tied by Lee Wulff. These flies are designed to float in very fast flows.

For advice as to which design to use in a particular situation or stream, I again advise you to seek out a local brick and mortar store with sales people who are also fly anglers. They are usually happy to steer you in the right direction. Remember that a few dollars across the counter does wonders in "greasing the Information mill", especially when traveling to a new area.

One book I found to be helpful for more in depth knowledge is

*What the Trout Said: About the Design of Trout Flies and Other Mysteries* by Datus C. Proper

"Always keep your flies, your powder and your martinis dry."

## Tenkara Flies

by: Bob Hresko

Tenkara flies do not represent any specific insect like a mayfly or a caddis nor are they intended to. The focus is placed on how you present the fly and the techniques used to attract fish to your offering. With Tenkara, the fly you use really doesn't matter.

The simplicity of the flies used for Tenkara fishing date back a few hundred years to those Japanese anglers who relied on fishing for a living. Anglers did not have a lot of time or money to spend tying complex or multiple fly patterns. They kept it simple using only a few materials that were available and generally tied up only one pattern. This was the origin of the Tenkara "One Fly" concept.

### The Sakasa Kebari

Sakasa Kebari, meaning reverse hackle fly, is the style of fly pattern most associated with Tenkara. The Sakasa Kebari is usually a wet fly tied with soft hackle feathers like partridge, hen pheasant or brahma hen. These flies are similar to traditional English soft hackle wet flies except on a Sakasa Kebari the hackle is tied reversed.



*Basic Sakasa Kebari  
(used by permission  
from Jason Klaus  
of tenkaratalk.com)*

#### Hook Styles and Sizes

Sakasa Kebari flies are tied on either a wet or nymph hook (like a TMC 3761) or a curved shanked hook (like a TMC 2487). The common hook sizes used are #8, #12 and #16. A size #12 hook is considered the standard hook size.

#### Tying a Sakasa Kebari

Tying Sakasa Kebari flies can be as simple or as complex as the tier wants it to be. To tie the basic Sakasa Kebari shown above:

*Materials:* #12 Curved Hook (TMC 2487)  
6/0 Black Tying Thread  
Grey Partridge Hackle

Some Japanese anglers will tie these patterns using plain sewing thread. It helps the fly sink faster than standard fly tying thread. For variation, add small wire ribbing to the fly for added weight or a few wraps of peacock herl behind the hackle.

### It's a Killer

Besides Sakasa Kebari there is another pattern used quite often by American Tenkara anglers. It is Frank Sawyer's Killer Bug. A Tenkara rod will effectively cast a Killer Bug and it catches fish too! There are variations from Frank Sawyer's original pattern that can be very productive, like the Utah Killer Bug and the Killer Kebari.



*Frank Sawyer's Killer Bug(\*)*



*Utah Killer Bug(\*)*



*The Killer Kebari(\*)*

*(\*) Used by permission – Chris Stewart from tenkarabum.com*

### "One Fly"

While on their Tenkara journey, many anglers take on the practice of "One Fly" which simply means fishing with one fly pattern. The Tenkara angler may carry the fly in several sizes and possibly different colors but always the same pattern. The Japanese Tenkara masters believe that fly choice does not matter. It's all about presentation and technique.

## The EJTU Cast & Blast

Ken Barile



Nine EJTU members, Andy and Alex Emery, John Grisoni, Mark Kacmarik, Bob Lefelar, Paul Reithmeier, Mike Sebetich, Igor Zaretsky and I, attended EJTU's first Cast & Blast trip to the Catskills on the May 16 - 17 weekend.



On Saturday we met at the Catskills Fly Fishing Museum, rigged up, and entered the Willowemoc to test the fishing. Rain the night before had raised the water level, making it good for wading and fishing, but, luckily for us, it did not rain again for most of the day. Mark Kacmarik hooked up within 10 minutes, catching a brown trout on a partridge and gold wet fly. I caught a 17" brown above the bridge on the same fly before we moved to fish the Power Line section where we caught a few more fish. A few more fish were caught at this section of the "Willow".

We had lunch at Raimondo's in Roscoe, then traveled to the Barnhart's pool on the Beaverkill. The river is a quarter of a mile walk from the parking lot, but the walk is worth it because the pool is large, wide and easy to wade.

The fish, which hold on the far bank where there is a deep cut

and the water runs fast, were rising to spinners and fishing was good for many in our group. I hooked into the largest Brown trout I have ever battled, but, after it took off downstream on a 75 yard run, it broke me off. (Does that sound like a fish story???) All was well until a torrential rain started. Some of us didn't have our rain gear, having left it in the car, so we got soaked. But, the rain didn't last long.

We then moved downstream to the Sunoco Pool and spread out along that stretch. Mike Sebetich caught a nice 14" Rainbow trout on a Woolly Bugger and Paul Reithmeier was getting fish to rise, catching a few on the surface. We fished there until dusk then took off our gear and went for dinner at the Riverside Cafe on the Beaverkill where the food and drinks were great and we shared a few fish stories from the day.

After dinner we began the trek to Catskill Pheasantry, a shooting preserve and the location of the following day's sporting clays shoot. The drive was an experience, taking us over 10 miles of mountainous back roads, some paved, some not, in the dark, in a rainstorm,

through fog to where we would spend the night. When we finally reached our destination, we were pleasantly surprised by cabins that were clean and homey. We had a good night's sleep followed by a family style breakfast of pancakes, eggs, bacon, sausage, OJ and coffee and then we were ready so shoot.

After Bob Lefelar and I gave a safety briefing, the shooting began. This sporting clay course is a winding course deep into the woods, with some easy and many challenging stations, but our group took to the shooting



quickly and everyone (some more than others) was soon breaking clays. We shot ten stations, with ten shots at each station for a total of 100 shots and everyone successfully completed the course.

Everyone enjoyed the trip and asked that we make it an annual event, so look for a repeat of this trip in 2016! Many thanks to all who attended and made this trip easy and enjoyable.



### EJTU Points Awards

EJTU takes part in and originates many outdoors and conservation-related activities. This is possible only because we can rely on volunteers who offer time and muscle power, sometimes on chilly, rainy days and sometimes on hot and humid ones.

All of our volunteer hours are recorded and the totals are later reported to TU's National office. But, in order to show thanks to our volunteers, our local chapter has, for a long time, kept track of each EJTU member's individual activity. This is done by assigning points to our various activities; e.g., if you assist with trout stocking you are awarded 10 points. Paul Reithmeier, a member of the board of directors, keeps track of members' points and, when certain levels are reached, tokens of thanks are given to the members. These "thank yous" include embroidered polo shirts, jackets, fly boxes and other items.

During the month of April 2015 our EJTU volunteers accumulated over 1,200 points. These points were awarded for helping with trout stocking, assisting at the Pequest Hatchery's spring opening, cleaning out mono-bins, helping at the Overpeck Park Earthiest and other activities.

These are the members who offered their time in April - many taking part in multiple activities:

Martin Adamkiewicz	Allen Adel	Tom DeAngelis
Doug Penna	Andy Preziosi	Don Schalck
Gayle Inwood	Bill Canning	Vic Mignoli
Marty Matuson	Mike Poliforne	Rich Malizia
TJ Groel	Louis Falone	Bruce Seiden
Jim Piombino	Walter Nahadil	Ray Cappock
Andy Emery	Ken Vander Pyl	Chris Henrickson
Ron Fletcher	Fred Madura	Paul Reithmeier
Jesse Canelle	Ray Adam	Ken Barile
George Rosazza	Jon Lax	Dino Eftychiou
Bob Waxman	Al Morel	Igor Zaretsky
Bob Lefelar	Elmer Hopper	Neil Magee
Bob Schneider	Neil Siegel	

### No License Fishing

If you want to take friends fishing, but they don't want to spend money for licenses because they feel that they might not like the sport, now is your chance to get them on the water.

Saturday, June 13, will be one of two free fishing days in New Jersey this year. The second day will be on Saturday, October 17.

On these two days members of the public may fish on New Jersey's public waters without a fishing license or trout stamp. Other regulations, such as limits and size of keepers will still be in effect, but it's still a chance for non-anglers to enjoy a day on the water.



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ture monitoring. Cresskill brook and the weir work on the Ramapo were great conservation projects but these opportunities come about infrequently. We are always looking for new ideas. Remember, TU is a conservation organization whose members like to fish.

Thanks again to all the volunteers who participated in our activities this spring.

*Rich Malizia*

### Jersey Weather

Forecasts of New Jersey's weather can be troublesome because a forecast for our northeastern portion of the state may not hold true for other areas. When good weather is predicted for Bergen County, it does not mean that conditions in northwestern New Jersey will be the same.



One way to check on what the weather is like closer to the Delaware River is by going to the newest link in Rutgers University's weather station network.

The Pequest Trout Hatchery has just become part of that system.



The hatchery is now the site of one of 13 stations throughout the state that feed data to the state's weather and climate monitoring system. To view current weather conditions at Pequest visit: <http://climate.rutgers.edu/njwxnet/station.php?s=1029>.