



Riffles

The Monthly Newsletter of
East Jersey Trout Unlimited

July 2019
Volume 50, Issue 7
Please Consider The Environment Before Printing Riffles



July General Membership Meeting



EJTU's July general membership meeting will be held on July 10th. Doors open at 7:00 PM and the meeting begins at 7:30 PM. Our July meeting will, as in past years, not feature a speaker. Instead we will have our annual BBQ and Tackle swap. The BBQ will feature hamburgers, hot dogs, salads, chips, soft drinks, cookies and last, but not least, Doug's famous java! The food is free for all chapter members to enjoy.

As we usually do we will also have tackle swap at which members can buy, sell or trade fishing equipment and supplies. There are usually some great bargains to be had. If you have fishing equipment that you would like to offer for sale, bring it. There will be tables on which you can display your items.

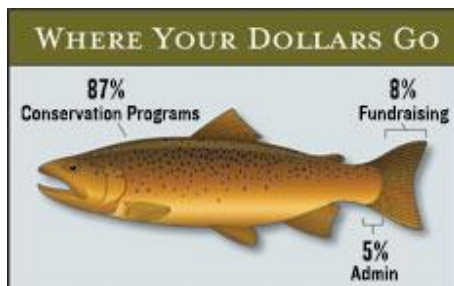
If you would just like to have something to eat and to sit and tell fishing stories, come to the meeting and enjoy. The picnic will be held at the covered pavilion at the rear of the American Legion Hall's parking lot. Bring your appetites and we will see you there!

Other Fun Upcoming EJTU Events

- July 10th: General Chapter Meeting - BBQ and Tackle Swap
- July 12th-14th: Ausable River Fishing Trip
- July 20th: Farmington River Fly Trip
- July 27th: EJTU Family Day
- August 14th: General Chapter Meeting - Fly Fishing Skills Night
- August: Kayak Fishing Trip - TBD
- September 11th: General Chapter Meeting
- September 27th-29th: Housatonic Trip

A full list of upcoming events is available on EJTU's calendar.

Trout Unlimited National Donations Make A Big Difference!



Inside this issue of Riffles

Upcoming Events.....	1
President's Beat.....	2
Thoughts of Artifishal	2
EJTU Photo of The Month.....	3
EJTU Reviews.....	3
Conservation Notes.....	4
The Big IDEA.....	4
Getting to Know You.....	5
Artifishal Feedback.....	5
Catskills Picnic.....	6
Asian Carp.....	7
Record Lake Trout.....	7

Volunteers Needed

- Board of Directors Members
- Community Outreach Coordinator
- Bergen County Federation of Sportsmen's Representative

President's Beat

By Chris Henrickson



EJTU is a volunteer run organization. What we are able to accomplish is in many ways tied to members being generous with their time and their financial support.

Our usual group of volunteers who typically lead our Catskills picnic this year were not able to attend. Luckily Joe Fusco stepped up to the plate and agreed to being our trip coordinator. He did an excellent job and everyone in attendance had a fun day of fishing and a great BBQ meal to enjoy. I would be remiss if I also did not thank Libby who did a ton of work as well. Our chapter member Anthony Pellosano donated a ton of soft drinks for all of us to enjoy, for which we are all very grateful. Other

chapter members like Ken Barile, Charlie Maccia, Justin Fuller, Karsten Andre and Jim Macdonall also pitched in as well. As the saying goes, many hands make light loads. I apologize in advance if I forgot to mention anyone else that helped out.

Our Chapter Conservation Chairman Rich Malizia was busy as always planning over the past few months in order to bring back Ramapo River Day! Ramapo River Day, if you are not aware, is an environmental program jointly run by EJTU and Ramapo College, which offers young men and women the opportunity to learn about the river's ecosystem through hands-on activities, while at the same time promoting an interest in fly fishing.

Ramapo River Day is a particularly worthwhile event, but it also takes a lot of effort from volunteers on the day of the event in order to teach casting, setup pavillions, demonstrate fly tying and sample aquatic invertebrates. Luckily we had enough volunteers to pull the event off, although it seemed for a while that we could have been shorthanded. Thank you to all who volunteered at this event and to Rich Malizia. Hopefully next year we will have even more of our 700 plus chapter members volunteer at the event.

If you haven't gotten involved volunteering at an EJTU event or better yet leading an EJTU event, this is your personal invitation to get involved! Speak up and contact an EJTU Board Member to let them know you are interested in getting active. We want new voices and ideas. Trust me, its fun, rewarding and worth the effort!

Thoughts on The Film "Artifishal"

By Bob Groskin

Thank you EJTU Program Committee for showing Patagonia's latest film project, "Artifishal". I found it very informative. To see one step forward and two steps back in Salmon conservation is unfortunately a bit depressing; however, the movement to reverse and regulate aquaculture is growing.

Although Artifishal focused on Pacific rivers and hatcheries, salmon aquaculture actually had its roots on the East Coast. In the 1870's fisherman in New England were alarmed by the decline of the Atlantic Salmon (if only they saw today's population!). With the formation of the US Fish Commission, 3 aquaculture experts of the time were sent to find suitable Pacific salmon to propagate in New England waters. They established the McCloud hatchery. The few salmon fry gathered from this hatchery were shipped to the Susquehanna River but did not survive after being stocked.

More significantly, however, the same group trying to prorogate salmon turned to the rainbow trout in the Upper McCloud. During this same time period, another group of aquaculturists, the California Acclimatizing Society, wanted to import and breed the Eastern Brook trout on the Pacific coast. Eventually these 2 groups ended up breeding what would go on to be the most artificially bred and distributed fish in the world, the rainbow trout. For a great read on this story and the consequences of the propagation and stocking of rainbow trout, read "An Entirely Synthetic Fish" by Anders Halverson.

One other important aspect not touched on in the movie, "Artifishal", is the food used in raising salmon. Omega fatty acids are an essential ingredient in fish food. With the only natural commercial source of omega fatty acids being menhaden, the increase of salmon aquaculture has resulted in the population of this critical fishery plummeting. The Atlantic States Marine Fisheries Commission, who regulates the industry, reduced the allowable catch in 2013, then increased it slightly in 2016 and again reduced it in 2018 when the population declined again. Currently the ASMFC is considering an ecologically based assessment, one which will consider the interactions and importance of prey species such as the menhaden. This will hopefully lead to a more important role menhaden plays in fisheries management.

EJTU Board of Directors

OFFICERS

President / Webmaster

Chris Henrickson - Westwood

1st Vice President

Greg Koch - Hoboken

2nd Vice President / Membership

Elio Chiavola - Lincoln Park

Treasurer

Ray Tannberg - Washington Township

Secretary

Justin Fuller - Park Ridge

DIRECTORS

President Emeritus

Bruce Seiden - Fair Lawn

Conservation Chairman

Rich Malizia - Hawthorne

Trips

Dino Eftychiou - Montvale

Publicity

Bruce Halstater - Norwood

Speakers

Ed Janiga - Franklin Lakes

Merchandise

Charlie Maccia - Verona

Education

Doug Penna - Hasbrouck Heights

Points

Paul Reithmeier - Ringwood

Director At Large

Igor Zaretsky - Fair Lawn

Additional EJTU Leaders

Strategic Planning

Ken Barile - Montvale

Diversity Initiative

Jon Daffron - Ridgewood

Veterans Services

Vic Mignoli - Little Silver

Trout In The Classroom

Jim Piombino - Fair Lawn

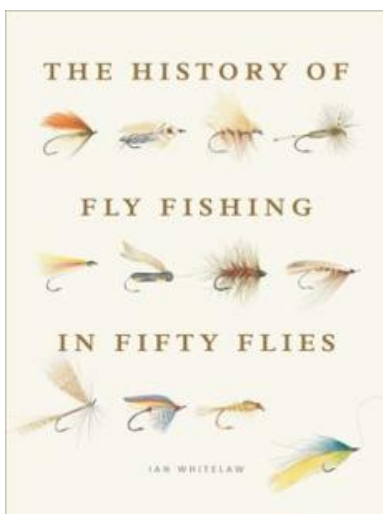


Photograph of the Month: Jonathan Daffron - "Brook Trout Inspired Dot Mandala Made By Jonathan Daffron"

East Jersey Trout Unlimited Reviews

"The History of Fly Fishing in Fifty Flies" - Ian Whitelaw

A Brief Review By Dino Eftychiou



For my recent birthday my son, Christopher, bought me this wonderful book that I was not familiar with. As the title states, it's a history of fly fishing as it parallels the history of the major flies that have had profound influences on our sport. The book, published in 2015, begins with the first documented artificial fly, the Hippouros, that was fished in Macedonia, Greece, around 200 CE, and ends with the Takayama Sakasa Kebari, a Tenkara fly. As each fly is presented, Ian Whitelaw focuses on the men and women who created them and how their accomplishments helped to evolve the art of fly tying and subsequently the art of fly fishing as we know it today.

I was happy to see the reliable standards listed, such as Royal Coachman, Quill Gordon, Mickey Finn, March Brown, Hare's Ear, Gray Ghost, Prince Nymph, Muddler Minnow, Elk Hair Caddis, Pheasant Tail, Klinkhammer, Clouser Minnow, and Copper John. But I have to confess that there were quite a few flies that I was not familiar with, such as Tom Thumb, Holy Mackerel, Syl's Midge, Tarpon Toad, Ice Cream Cone, and Bionic Bug. (I have no doubt that my fly fishing friends will tell me

that they've heard of some of these flies, if not all of them.) The flies are represented in their original forms with water color drawings by Julie Spyropoulos that remind me of Dave Whitlock's illustrations and, in my opinion, are more attractive than plain photos.

This is a fascinating, informative book that will enhance any fly fisher's book collection.

Have a book, movie, piece of fishing related gear or perhaps even a place you fished that you enjoyed and would like to review? Shoot an email with a brief write up to the Riffles Editors. Be fair and give an honest rating of the item in question on a scale of one to five trout.



Contact EJTU

Website: www.eastjerseytu.org
Email: eastjerseytu@gmail.com
Instagram: [@eastjerseytu](https://www.instagram.com/eastjerseytu)
Facebook: [eastjerseytu](https://www.facebook.com/eastjerseytu)
Twitter: [@EJTU1](https://twitter.com/EJTU1)
YouTube: [EJTU](https://www.youtube.com/EJTU)

Mailing Address:

East Jersey Trout Unlimited
P.O. Box 366 Ho-Ho-Kus, NJ 07423

General Membership Meetings:

Second Wednesday of the month.
Doors open at 7:00 PM. Meetings start at 7:30 PM

The American Legion Hall
33 West Passaic Street
Rochelle Park, NJ 07662

[Directions](#)

Board of Director's Meetings:

Last Thursday of the month at 7:30 PM

Fair Lawn Athletic Club
14-19 Parmelee Ave
Fair Lawn, NJ 07410
201-796-9771

[Directions](#)

Conservation Committee Meetings:

Second Thursday of the month at 7:00 PM

Louis Bay 2nd Public Library
345 Lafayette Avenue
Hawthorne, NJ 07506

[Directions](#)

About EJTU

East Jersey Trout Unlimited (EJTU) is a community of more than 700 anglers in the greater northeastern New Jersey region who are dedicated to cold water conservation and the stewardship of our local watersheds.

Our members work to protect, reconnect, restore and sustain trout habitat for anglers today and for the next generations of sportsmen and women who value the relationship between clean, healthy waterways and sustainable fishing.

Conservation Notes

By Rich Malizia



Most of the community fishing derby events will have concluded by the time this issue of Riffles reaches you. We will have assisted at the Mahwah, Earthfest and Glen Rock derbies. I offer my thanks to all who were able to participate. I think our volunteers always come away with a great feeling of satisfaction from watching a youngster catch their first fish or master casting a spinning rod. We get as much as

we give.

Ramapo River Day was revived after a hiatus of several years. Volunteers from Ramapo College did a great job teaching the kids. Our volunteers scrambled to get tents and canopies set up and equipment properly located at the various stations. Special thanks to those volunteers who did the casting, fly tying and bug gathering. My best estimate is that we had about 70 kids. The weather cooperated and preliminary feedback has been very favorable. Maybe we can do it again next year. Take a look at the pictures on the web site to get an idea of the day's events.

We have a major commitment with the Englewood recreation department to

assist with the fishing element of their summer camp program. We have worked with them for several years now and each year the kids rank their fishing experience as the best part of the program. Please, let us not disappoint these kids. The fishing takes place on Overpeck Lake in Overpeck Park in Leonia. The session runs from about 9:00 AM to Noon every Friday morning. We only need 3 or 4 volunteers each week, but the program runs from June 28th to the end of August. So it can involve many of our members. Please consider volunteering for one or more days. Please contact me if you are available.

Many of our local environmental issues continue to be unresolved. I'm sure I have expressed my concerns often enough, but please realize none of these issues have been fully resolved in favor of the environmental community. The Meadowlands generating station, Pilgrim Pipeline, Ford Motor paint sludge dump are all still out there threatening our environment and your health. I ask that you continue to express your concerns to the appropriate government officials.

New on the horizon is an LNG export facility planned for Gloucester County. All the talk about energy independence appears to be just that, TALK. Not only has the policy of prohibiting exportation of domestically produced fuels been turned on its head, but this is "fracked" gas. So it is a double insult to the environmental community. What happened to the pledge to be energy independent, Governor Murphy?

One of our longstanding projects involves some maintenance work on the cross vanes we constructed on the Ramapo. Once the water levels drop and water temperature warms to a level which is conducive to some in-water work, we will schedule a workday to reinforce these structures. Please watch for an announcement. We may not have a long lead time.

TAKE TIME TO MAKE A DIFFERENCE.

*"Conservation of Land and Conservation of People Frequently Go Hand in Hand"
- Eleanor Roosevelt*



Diversity Initiative

Everyone Needs Cold, Clean, Fishable Water

The Big IDEA (IDEA = Inclusion, Diversity, Equity, Awareness)

By Jonathan Daffron

I've been lucky enough to be a part of two excellent EJTU events recently: Ramapo River Day on June 15th and the Glen Rock Fishing Derby on June 24th. What struck me at both of these events is how much joy fishing and the outdoors bring to kids. The smiles on their faces as they held their first crawfish, total wonder in their eyes as they viewed aquatic insects through a microscope, the look of pure joy as they reeled in what might have been the tiniest sun fish ever caught – all of it was pure gold. I saw a great quote recently that said "kids need more tackle boxes and fewer Xboxes." I couldn't agree more. Did you know kids can be EJTU members as well? There's even a special publication for them called Stream Explorers. From a diversity standpoint, bringing younger members into our chapter is a winning strategy to ensure we remain a strong advocate for cold, clean, fishable water for decades to come.

I hope you'll consider joining us and experiencing some of that joy with your kids at our **Family Day** event from **12 - 4 PM on July 27th** at the **Theilke Arboretum** in Glen Rock. Light refreshments will be served. Bring your fishing rods! [Email JD](mailto:JD) so that we can get an approximate head count.

New EJTU Members

Kathleen Roh

Welcome and thank you for helping us to protect northeastern NJ's cold-water resources. We look forward to meeting you at one of our upcoming conservation projects, meetings or fly fishing trips!

To Join EJTU or Renew Your EJTU Membership

Visit TU National's membership page at gifts.tu.org. Remember to choose to be assigned to the "East Jersey Chapter - 091".

Getting to Know You

By Ken Barile



Most fly fishermen will own several flyrods during their lifetimes. If they are lucky, they chose to take on the task of mastering a new rod; for a few like me, the decision may be made for them. In the May edition of Riffles, I wrote an article titled “The One That Didn’t Get Away” in which I recounted how while battling a big Rainbow Trout on the Ken Lockwood Gorge I broke my favorite flyrod. Fortunately for me, it was an Orvis Hydros rod with a twenty-five-year warranty. I sent it to the Orvis repair center (together with the sixty-dollar repair fee), expecting to receive it back in four to six weeks good as new. To my surprise, Orvis replaced my Hydros rod with a brand-new Helios 3D rod. I was delighted that Orvis stood behind their warranty. While I missed my tried and true Hydros, I was eager to experience the Helios.

I overlooked something. I forgot how long it took to become skilled with my Hydros rod. It was many hours and fishing trips, casting into the wind or under overhanging trees and bushes, before I could confidently flick the rod, cheat the wind, land my fly within inches of the target, mending the line upstream for a drag-free float. I forgot that hooking the fish was only part of my education. I also needed to learn how best to use the rod’s unique characteristics, such as its tip flex and stiff butt, to aid me in guiding, tiring and landing the fish. Each flyrod seems to possess a personality all its own.

When casting a flyrod and fighting a fish, the rod is not merely a piece of equipment . . . it transforms into an extension of you.

My first fishing trip with the new Helios rod reminded me how much I needed to learn before I could master this rod. It was longer yet lighter than my Hydros rod, and it was faster on casting. I had to wait longer on the backcast or suffer collapse on the forecast. The rod responded differently to the movement and pressure of arm and wrist. I practiced how much force to apply to reach the target and not overshoot it.

The first two fishing trips with the Helios did not produce a fish. The third time I used the rod was on the Catskill BBQ trip. I was fishing on the Beaverkill in the Barnhardt pool with six other EJTU members. I tried many nymphs and dry flies with no result. There were few fish rising so I switched to a streamer I often use, the Sparkle Dace. On my fourth cast I was stripping in the streamer when it abruptly stopped, was it a snag or something else? I lifted the rod and followed the fly line slicing upstream through the water to the source of the stoppage. Then I felt it, the familiar pumping radiating from the rod tip down through the mid-section to my hands. It was a fish, and a healthy, strong fish. The fight was on.

I have caught many trout on a flyrod, but I was keenly aware that this fight felt different. The flex in the rod tip was absorbing the fish’s surges in a way my Hydros rod did not. I also sensed that I had more control in guiding and turning the fish without fear of breaking him off. The fight felt like it lasted ten minutes, but I’m sure it was only two. I moved the fish to the net, making slight rotations of my wrist to lead the fish where I needed. Again, I was aware that the rod was making a difference. I netted the sixteen-inch Brown trout and the fight was over.

Looking back on it now, the differences in the performance of this new rod were very apparent. While the Helios and I are still getting to know each other, I feel confident that with more time on the river will come better results and even greater pleasure fishing.



“Artifishal” Feedback

Wanted

Did you attend EJTU’s last chapter meeting in June when we screened the film “Artifishal”?

If so, the film makers would like your help. They have requested that those who watched the movie complete a brief survey that takes between 2-5 minutes.

Please consider taking this survey. The filmmakers were very generous in allowing our chapter to screen the movie at no cost and would like to learn about our thoughts. You can take the survey by clicking on the link below.

You can also email the filmmaker directly if you prefer at artifishal@pictureemotion.com

[Take Artifishal Survey](#)

Catskills Picnic Photos



Army Corps approves plan to block Asian carp from Great Lakes

By Mark Taylor - As Appeared on tu.org



The U.S. Army Corps of Engineers has approved its final plan recommendation for addressing Asian carp at Brandon Road Lock and Dam near Joliet, Ill.

Lt. Gen. Todd Semonite, the commanding general of the Corps of Engineers, signed the report, which will now be sent to Congress for approval and funding.

Asian carp are currently one of the most serious threats to the health of the Great Lakes. Were the non-native fish to make it into the Great Lakes system, they could significantly disrupt the ecosystem, and potentially devastate a multi-billion dollar recreational and commercial fishing economy.

The Corps plan seeks to prevent them from making it farther up the Chicago Waterway by installing technology at the Brandon Road Lock and Dam. Proposed ac-

tions include: complex noise, a bubble curtain, an engineered channel, an electric barrier and a flushing lock.

Additionally, the plan calls for continued nonstructural activities like overfishing.

“Over the past two decades, the challenges presented by invasive Asian carp have been a consistent backdrop to virtually all other natural resources decisions in the Great Lakes region,” said Keith Curley, Trout Unlimited’s vice president of eastern conservation. “The news of the plan going to Congress comes in timely fashion as just earlier this week it was reported that Asian carp eDNA has been found past the last electric barrier, only 6 miles from Lake Michigan.

“We now look to Congress to work expeditiously in order to start construction as soon as possible.”

Record Lake Trout Caught in Utah

By Justin Fuller

Back in June, an angler by the name of Matt Smiley had a lousy day of fishing. He only managed to hook one fish. But what a fish! On his fourth day of fishing the Flaming Gorge Reservoir in Utah, Mr. Smiley landed the new state record. After weighing and measuring the beast, and taking a

few “grip and grins”, the fish was released back into the reservoir. Total length was 48 inches and weighed over 50 lbs. As a side note, when I saw this image, I had the same expression as the fish.



About Riffles

Riffles Editors: Dino Eftychiou, Justin Fuller and Chris Henrickson.

[Subscribe to and Download Back Issues of Riffles](#)

Riffles is your publication; we encourage all members to contribute articles, tips and stories. Articles may relate to trout, trout fishing, fishing in general or conservation. All articles are published, edited and may be condensed at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of “catch and release.” Pseudonyms may be used, but the editors must be informed of the name of the member who writes the article.

Questions, Comments and How to Submit Articles

Any suggestions you may have to improve Riffles are greatly appreciated. If you have any articles or content you would like to submit, please email the Editors at eastjerseytu@gmail.com. We look forward to hearing from you.

About Trout Unlimited

Trout Unlimited is a national organization with about 300,000 members and supporters organized into over 400 chapters and councils from Maine to Montana to Alaska.

This dedicated grassroots army is matched by a respected staff of lawyers, policy experts and scientists, who work out of more than 30 offices nationwide.

Looking to Buy, Sell, Swap or Donate a Fishing Related item?

EJTU can help! Chapter members are welcome to list items they are looking to buy sell or swap on either our online [website forum](#) or on our [Facebook Page](#).

All chapter members are welcome to attend our annual tackle swap and BBQ at our July regular membership meeting. At the meeting you can display all of the items you want to sell or swap.

EJTU also accepts donations (which are tax deductible) of items, which we will sell to raise funds for chapter activities and conservation projects.