



Riffles

The Monthly Newsletter of
East Jersey Trout Unlimited

June 2019
Volume 50, Issue 6
Please Consider The Environment Before Printing Riffles



June General Membership Meeting

ARTIFISHAL
Movie Screening at EJTU June Membership Meeting

patagonia
All are Welcome. Be There.

EJTU's June general membership meeting will be held on June 12th. Doors open at 7:00 PM and the meeting begins at 7:30 PM. This month we will be screening a film and providing popcorn and soft drinks for all attendees. Our feature presentation is the film *Artifishal*.

The film about people, rivers, and the fight for the future of wild fish and the environment that supports them. It explores wild salmon's slide toward extinction, threats posed by fish hatcheries and fish farms, and our continued loss of faith in nature. All are welcome to attend and learn about these challenging issues. Come and join us!

Other Fun Upcoming EJTU Events

- June 7th-9th: Roscoe Trip and Catskills Picnic
- June 12: General Chapter Meeting - Movie Screening "Artifishal"
- June 8th-16th: Block Island Striper Trip
- June 15th: Ramapo River Day
- June 23rd: Glen Rock Fishing Derby
- July 10th: General Chapter Meeting - BBQ and Tackle Swap
- July 12th-14th: Ausable River Fishing Trip
- July 20th: Farmington River Fly Trip
- July 27th: EJTU Family Day

A full list of upcoming events is available on EJTU's calendar.



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Volunteers Needed

- Board of Directors Members
- Community Outreach Coordinator
- Bergen County Federation of Sportsmen's Representative.

EJTU Board of Directors

OFFICERS

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Greg Koch - Hoboken

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Bruce Seiden - Fair Lawn

Conservation Chairman

Rich Malizia - Hawthorne

Trips

Dino Eftychiou - Montvale

Publicity

Bruce Halstater - Norwood

Speakers

Ed Janiga - Franklin Lakes

Merchandise

Charlie Maccia - Verona

Education

Doug Penna - Hasbrouck Heights

Points

Paul Reithmeier - Ringwood

Director At Large

Igor Zaretsky - Fair Lawn

Additional EJTU Leaders

Strategic Planning

Ken Barile - Montvale

Diversity Initiative

Jon Daffron - Ridgewood

Veterans Services

Vic Mignoli - Little Silver

Trout In The Classroom

Jim Piombino - Fair Lawn

President's Beat

By Chris Henrickson



As some of you may or may not know, my wife Caitlin recently gave birth to our first child on May 19th! Her name is Mary Elizabeth Henrickson and she weighed 6 lbs 15 oz.

Mary also just happens to be EJTU's newest female youth member! She may not be launching casts and dry fly fishing with her Dad yet, but give her a little time. She is planning on making her first EJTU event at our inaugural EJTU family day on July 27th.

I am fortunate to have received well wishes and offers of help, assistance and advice from several EJTU chapter members at this big moment in my life. This is yet another example of the strong bonds of

friendship that are frequently formed amongst EJTU chapter members, which go way beyond simple fishing buddies and fellow conservation advocates.

Without a doubt, things have been a little hectic around the old Henrickson homestead, preparing for Mary's arrival. Even amidst this chaos, I have had a few short moments for reflection.

As a new father, I have many high hopes and dreams for her. These include college degrees, a fulfilling career, happiness and hopefully even a little family of her own one day. These wishes are probably not all that unique to new fathers. However, one additional and probably less common hope that I have for Mary, is that she will have an ample supply of clean and unspoiled water and wilderness.

Whether or not she enjoys fishing and recreating in the great outdoors, as much as I do, has yet to be determined. What I do know is that she will certainly need clean water for almost all of her daily activities, beyond simple clean drinking water. Clean water is already being used for my daughter's baths, washing her baby clothes, sanitizing her bottles and for preparing an odd bottle of formula here and there.

Leaving her an inheritance of cold, clean water and properly conserved and set aside lands is one of the best gifts Mary could possibly receive. So I will continue my coldwater conservation efforts on her behalf as well as all of those yet to come and I hope my fellow EJTU members will continue to protect and conserve our coldwater resources for those whom they care about as well. If we put in enough time and hard work there just may be some cold, clean, fishable water for her generation to use and enjoy.

“Conservation is ethically sound. It is rooted in our love of the land, our respect for the rights of others, our devotion to the rule of law.” - Lyndon B. Johnson

Voorhees Camping and Fishing Trip

By Charlie Maccia

A dedicated group from East Jersey Trout Unlimited joined our camping and fishing trip at Voorhees State Park in Glen Gardner this year. A few of us got there Friday afternoon, set up camp, and fished the Ken Lockwood Gorge. The wild trout stream running alongside the park, Willoughby Brook, did not look promising so that was passed up for the Gorge. After dinner we met up for stories around the campfire and to plan the next day's fishing. It was great sleeping weather, cool and very windy.

Morning started with the smell of cooking bacon. We decided to fish the Gorge in the morning, then try the Musconetcong later to see if the river's high flows were fishable. With the sunny warm weather we figured the Gorge would be packed, but the lower section only had a few other anglers. It was a nice steady pick of fish before heading off to the Musconetcong. Unfortunately, the flows were over 600 CFS (I think 350 CFS is about the max for good fishing) and the river was really unfishable. So it was back to the Gorge for some late afternoon fishing. Three more campers arrived Saturday evening. After dinner we met up again for stories and the next day's planning.

Sunday morning started a bit warmer, but a storm roared in and it rained pretty steady for about 30 minutes. Most of us decided to head home, although a few people stopped to fish the Gorge and catch a few more trout. Everyone said they enjoyed the trip and liked having a place to camp and fish that was closer to home. We all look forward to next year's annual New Jersey Camping and Fishing Trip and hope you can join us.



Photograph of the Month: Chris Henrickson - "Mary Henrickson - EJTU's Newest Member"

Englewood Rec Summer Camp Help Needed

By Rich Malizia

For the past few years we have assisted the Town of Englewood conduct a fishing program as part of a summer camp they provide for their kids. We meet every Friday morning at Overpeck Lake in Leonia from 9:00 AM until Noon. This year camp starts on June 28th and runs until the end of August. It is a big commitment but the kids love it. Each year it scores as the most popular activity. Would you consider taking the lead for this program? We usually have two or three other volunteers each week to help. The kids have been great and very responsive to our guidance. Please consider volunteering and let me know.



The Big IDEA (IDEA = Inclusion, Diversity, Equity, Awareness)

By Jonathan Daffron

We've covered *Inclusion*, *Diversity*, and *Awareness* as topics in recent months. Today I'd like to bring up the topic of *Equity*. To me, *Equity* means breaking down barriers and preconceived notions about who anglers are in our communities. It means *equal* access and opportunity to be a part of the sport we love so much. Many of you will notice that I often wear an Orvis 50/50 on the water hat (a gift from Amanda Gibson at the 50/50 booth at the Edison fly fishing show). Their initiative provides gear, education, non-profit partnerships, and fishing trips specifically targeted to female anglers. All of these are done to help make fishing *equally* accessible to anglers of both genders.



I wear the hat for two reasons: 1) it's a really nice hat, and 2) it's a conversation starter – people ask me what it is, and it gives me an opening to talk about fishing and the importance that diversity plays in protecting cold, fishable waters for us all. So next time you see the 50/50 logo, engage the person wearing it in conversation about it; chances are that they will be glad to share with you what it means to them. Upcoming DI events: Family Day July 27th at Glen Rock Arboretum. Coming soon: Women's fly fishing class. Want to join or help out? [Email JD.](mailto:JD@eastjerseytu.org)

Contact EJTU

Website: www.eastjerseytu.org
Email: eastjerseytu@gmail.com
Instagram: [@eastjerseytu](https://www.instagram.com/eastjerseytu)
Facebook: [eastjerseytu](https://www.facebook.com/eastjerseytu)
Twitter: [@EJTU1](https://twitter.com/EJTU1)
YouTube: [EJTU](https://www.youtube.com/EJTU)

Mailing Address:

East Jersey Trout Unlimited
P.O. Box 366 Ho-Ho-Kus, NJ 07423

General Membership Meetings:

Second Wednesday of the month.
Doors open at 7:00 PM. Meetings start at 7:30 PM

The American Legion Hall

33 West Passaic Street

Rochelle Park, NJ 07662

[Directions](#)

Board of Director's Meetings:

Last Thursday of the month at 7:30 PM

Fair Lawn Athletic Club

14-19 Parmelee Ave

Fair Lawn, NJ 07410

201-796-9771

[Directions](#)

Conservation Committee Meetings:

Second Thursday of the month at 7:00 PM

Louis Bay 2nd Public Library

345 Lafayette Avenue

Hawthorne, NJ 07506

[Directions](#)

About EJTU

East Jersey Trout Unlimited (EJTU) is a community of more than 700 anglers in the greater northeastern New Jersey region who are dedicated to cold water conservation and the stewardship of our local watersheds.

Our members work to protect, reconnect, restore and sustain trout habitat for anglers today and for the next generations of sportsmen and women who value the relationship between clean, healthy waterways and sustainable fishing.

Conservation Notes

By Rich Malizia



Reclassification of several hundred miles of waterways in New Jersey has been proposed. In our area the Ramapo is being considered to be upgraded to C-1. The public comment period ended recently so we should know the outcome soon. If this is approved certain restrictions will be implemented which will prohibit encroachment within 300 feet of the river and wastewater or other regulated discharges im-

acting these waterways will have to meet stringent water quality standards. C-1 classification could help maintain or improve the quality of the water in the Ramapo. In the summer and at other times of low water volume, quality is adversely affected. Let's hope the reclassification is approved.

The Ringwood/Ford Motor debacle is in the news again. Other carcinogenic chemicals have been identified in some small streams in Ringwood. We are told that the chemicals have not been detected in Wanaque Reservoir but that may be just a matter of time, the volume of water in the reservoir or where the sampling has been done. Isn't it a simple conclusion to draw that if a brook which runs into the Wanaque has identifiable amounts of toxins, that eventually there will be measurable amounts of these toxins in our drinking water. While this debate continues, efforts to cap the O'Connor toxic dump site seem to be gaining approvals. Kick the can down the road and let the next administration deal with it and the next generation get sick from it. I think it is time to get behind the Ringwood residents who have been dealing with this problem for fifty years and say ENOUGH! I'm sure that you have all seen the ads on TV by law firms seeking to represent people sickened by mesothelioma. It is a disease of the lungs caused by exposure to asbestos. While the use of asbestos has been restricted, it is still not completely banned in the US. Is this the pattern being followed in Ringwood? Doing as little as you can get away with now for the least amount of money is not a permanent solution. We know that the toxins exist, but we are unwilling to attempt complete remediation. Seems like job security for the personal injury attorneys.

In another episode of the Theater of the Absurd, Secretary of State Pompeo is extolling the benefits of Global Warming. Since the Arctic ice sheet is melting, he states that it will be easier to explore potential oil and gas reserves, mine various minerals and otherwise access these previously untouched areas. In the meantime native people, who have depended on the Arctic ice to access traditional hunting grounds, or the frozen tundra to traverse their lands, are now actually starving because they cannot reach food sources. Pompeo presented his opinion and that of the Administration at a recent meeting of the Arctic Council which is an organization of countries which border the Arctic. Of course, the White House would not allow the use of the words "climate change" in any documents produced by the Arctic Council. For those of you who thought the Arctic Refuge was saved from exploitation, it is not! Nor has Bristol Bay and the millions of salmon that depend on that water source been saved from the Pebble Mine. Many of the issues we thought were settled are in play again as this pro-exploitation administration finds ways to undercut environmental protections that were previously advanced by administrations beginning with that of Richard Nixon

in the 1970's.

There is a renewed effort in New York City to stop the sale of natural fur for clothing and accessories. This was a hot topic a few years ago but seemed to diminish as fur industry standards for the treatment of furbearers were improved. I don't know what started this but the anti-fur folks are playing right into the hands of the petrochemical industry. That's right. Faux furs are made from oil; the same oil that many of us identify as THE major source of environmental problems. The fur industry has made significant improvements. The few remaining trappers I know are very ethical folks. Many of you who are fly tyers are dissatisfied with synthetics and look to use natural fur. If this movement gains support, you may not have a choice. I suggest that if you are offended by fur, don't buy it and don't wear it. Otherwise, let products that have been used for thousands of years and the people that use them, alone.

By the time this issue of Riffles reaches you, we will have completed spring trout stocking of the Ramapo. Again, I express my thanks to all those members who gave their time on Thursday morning to help improve the fishing experience on the Ramapo. I hope that you have had the opportunity to enjoy some time on the river and the chance to be challenged by one of the many oversized rainbows released this year.

We have again committed to help the Englewood summer camp with their fishing program. We need help every Friday morning from 9:00 AM until Noon. We only need three volunteers each week but the program runs all summer so it could involve many members. Please look at your schedules to see if you can offer your help on one or more Friday mornings. The kids are great and easy to work with. On good days they even catch some fish. Can you help?

We will try to schedule a date to do some maintenance work on the cross vane we built on the Ramapo a few years ago. High water flows and ice shift the rocks and weaken the structure. Once the water warms and levels drop, we will try to schedule a workday. Watch for an email alert.

TAKE TIME TO MAKE A DIFFERENCE



New EJTU Members

Kevin Brigley, Salvatore Crochiola, Brian Dedeian, Zdzislaw Drazek, Mary Henrickson, Michael Mancuso, Maciej Puzio, Steven Schultz and Richard Von Fischer.

Welcome and thank you for helping us to protect northeastern NJ's cold-water resources. We look forward to meeting you at one of our upcoming conservation projects, meetings or fly fishing trips!

To Join EJTU or Renew Your EJTU Membership

Visit TU National's membership page at gifts.tu.org. Remember to choose to be assigned to the "East Jersey Chapter - 091".

Western Native Trout Challenge

By Justin Fuller



If you find yourself in the western parts of this great nation and not sure what to do, here's a suggestion: try The Western Native Trout Challenge, because *just catching any ol' trout isn't already hard enough.* The Western Native Trout Challenge invites anglers to celebrate the legacy of the west by catching native trout and char in each of the 12 participating Western states. The 12 states are Alaska, Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington and

Wyoming.

Wyoming.

To begin the challenge, you must register at westernnativetroutchallenge.org and pay \$25 (\$23 goes to conservation.) Only fish caught after May 2019 count (June 15th 2019 in Montana). You may only count each species caught once on your list. For example, you cannot catch a Colorado River Cutthroat Trout in Colorado and Utah and count that as two fish in two states. There are different levels within the challenge beginning with catching 6 species in 4 states to achieve "Expert Caster", 12 species in 8 states for "Advanced Caster", and 18 species in all 12 states for "Master Caster". You must send in all documentation for completion of any Challenge level at one time – with all information and photos submitted at once.

As the completion of this challenge requires anglers to move between many different watersheds, the organization is extremely keen that anglers use precaution in limiting the spread of aquatic invasive species. Remember to clean, drain, and dry your equipment before moving between watersheds. But, feel free to fill your boots with as much angling as necessary to catch as many of the native species as possible.

I'm sure most of you will do as I have and completely rearrange your summer vacation and drain your family's savings to be able to wear your Western Native Trout Challenge hat and accompanying badge with pride. Sadly though, no decoder ring.

Ramapo River Day

By Rich Malizia

For more years than any of us can remember, EJTU members and staff members from Ramapo College have gathered on the banks of the Ramapo River in Mahwah to host Ramapo River Day. This early June event draws young people from the surrounding communities and cities like Paterson. It is particularly rewarding to have inner-city kids involved because they rarely have the opportunity to experience an event like this. Participants are grouped by age into groups of 10 – 15 children and move together to each activity.

Activities are set up at the six following "stations".

Collection: Participants are given cups and tweezers so they can collect specimens from seines used to catch them in the river. Our volunteers handle the seines so the participants need not get into the water.

Identification: Using microscopes and reference books, participants identify the specimens they have collected with the guidance of Ramapo College staff.

Water Chemistry: Participants evaluate the water quality of the river by conducting various experiments designed by Ramapo College staff.

Botany: College staff guide participants on a short walk to identify vegetation which grows along the river focusing on native, invasive, helpful and harmful plants.

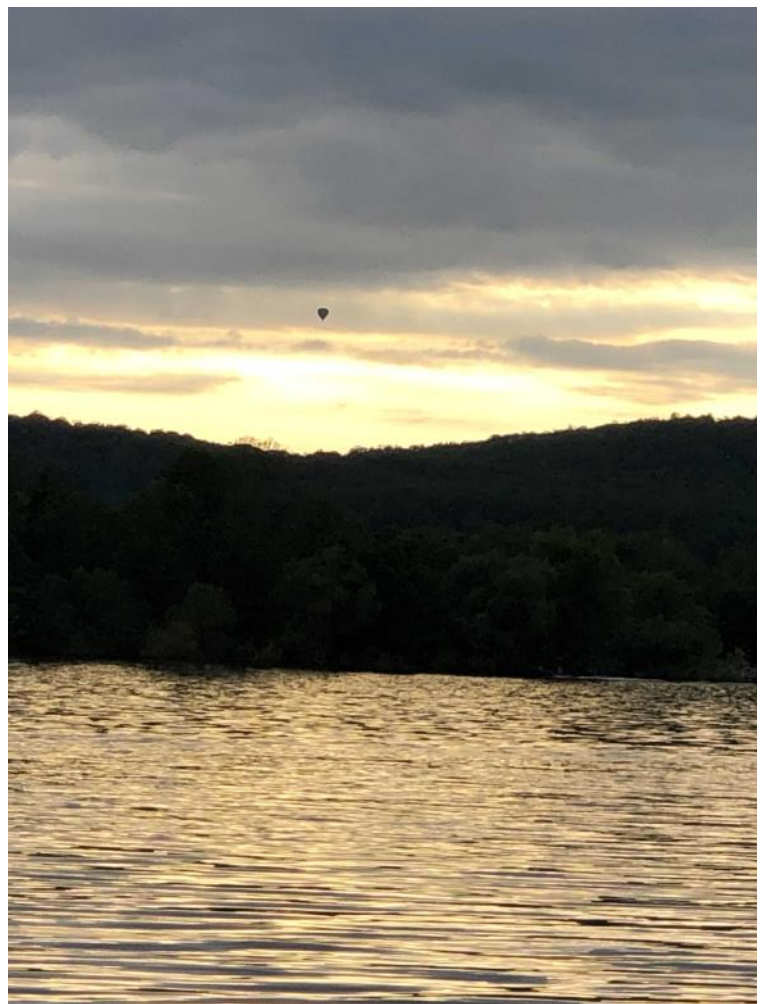
Non-point Source Pollution: Using a model designed to demonstrate pollution problems, participant learn about pollution caused by indirect sources like pet waste, lawn and garden chemicals, trash, and chemicals leaking from vehicles.

Fly Tying/Fly Casting: EJTU volunteers tie flies which imitate the bugs the participants collected from the river. Participants are given basic instruction in fly casting with equipment provided for the event.

This is truly a hands-on event. The kids get dirty and learn why they should be responsible environmental stewards. It is certainly worth giving up a day of fishing to see the faces of the kids when they find their first bug.



Voorhees Trip Photos



Fishing the 90% of the Time When There is No Hatch

By Greg Tarris

We all love taking trout on dry flies but since they only feed on the surface 10% of the time, (or so they say), I figured I better buckle down and learn to be a serious nymph fisherman (My normal mode of nymphing with a dry fly and a dropper just doesn't count).

First I went to the Fly Fishing Expo in Somerset this past winter and went to every lecture on nymph fishing. Then I decided to spend time going through hours of YouTube videos on nymphing. It's a great way to spend time when you can't fish. And what did I learn? There are more ways than you can imagine to nymph: Czech, Polish, French, Euro, competitive, straight lining, Kelley Gallup's set up, and/or using an indicator or not. So what did I learn? The one common element to all techniques, you need to use weight to get your fly down to where the fish are. But before you continue this quest for being a "nymph", you must watch the **Underwater World of Trout** on YouTube (in fact you are required to do so before you go fishing again!) You will be amazed at where those fish hold and feed..... Sad.....so many places in the water I use to pass up that held trout...☹

So take away one, you need weight to get down to the fish wherever they are. According to the Euro "branch" of nymphing, they like to use an anchor fly which means a weighted fly. Some of the other systems or methods use split shot above the flies or in between flies. In the case of Kelly Gallup's set up of "drop shot nymphing", the split shot is at the end of the string of flies he has tied on (see his YouTube video). String of flies? Well, everyone uses two flies and using three flies is most common. Sounds great but although you have a better chance of a trout being attracted to at least one of the flies, there are a couple of concerns. First how do you tie them on. Check out YouTube and decide what method works best for you. Next casting. You cannot cast overhead as if you are using a dry fly. If you do so you can expect major tangles. Here's the dark side of using three flies. The effectiveness of using three flies will be offset by the time it takes you to unravel those flies when they tangle. Well, you can go online and they will show you how to cast to avoid tangles, but basically the easiest thing is the "water cast". When the flies are downstream

after the drift you just lift them up and flip them back up stream.

Now you can read books about all of this as well, (and there are plenty out there), but this is what works for me. I use three flies, usually all soft hackles. I like the movement of the flies as they tumble in the water and so do the trout. Next I have 12 feet of leader including tippet with the latter tied off of a tippet ring from the leader. In most cases my fly line is not even in the water. Usually I put the solid shot above the bottom fly or on occasion have used an "anchor" fly. You can look online about what flies to use, weighted or unweighted, and the distance between them, or just experiment as to what works best for you.

Now some Euro techniques suggest "sight lines" or special colored nymphing lines. Also some use handmade leaders and a preference for a ten foot light weight rod. However, I am happy with my 9 foot 5 weight so this is what I do. On the end of my fly line I painted a red 4 inch piece and then followed that with a permanent black magic marker making two inch swaths with spaces in between. Voila! I now have a homemade "sighting" nymphing line. That way if I am watching the line it is easy to notice movement and that is the hard part. In very fast turbulent water the trout almost hook themselves. But in a run or pool all you're looking for is the leader or fly line to stop for an instant and then you lift the rod to hook 'em. Takes real practice (phew!). First time out this year I hooked about 30%. My last outing I was up to 50%. Of course I always say the big ones hook themselves...

As you can see, there is a lot to cover as to how to nymph. This brief summary may spark an interest in your pursuing some of the techniques out there.

So, as it rains outside, (Isn't it always raining?) start watching YouTube videos and decide what nymphing techniques you will adapt that fit your comfort level. So far this season the methods I have developed or adopted are working out very well for me and hopefully you will find some that work out as well for you.



About Riffles

Riffles Editors: Dino Eftychiou, Justin Fuller and Chris Henrickson.

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Riffles is your publication; we encourage all members to contribute articles, tips and stories. Articles may relate to trout, trout fishing, fishing in general or conservation. All articles are published, edited and may be condensed at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of "catch and release." Pseudonyms may be used, but the editors must be informed of the name of the member who writes the article.

Questions, Comments and How to Submit Articles

Any suggestions you may have to improve Riffles are greatly appreciated. If you have any articles or content you would like to submit, please email the Editors at eastjerseytu@gmail.com. We look forward to hearing from you.

About Trout Unlimited

Trout Unlimited is a national organization with about 300,000 members and supporters organized into over 400 chapters and councils from Maine to Montana to Alaska.

This dedicated grassroots army is matched by a respected staff of lawyers, policy experts and scientists, who work out of more than 30 offices nationwide.

Looking to Buy, Sell, Swap or Donate a Fishing Related item?

EJTU can help! Chapter members are welcome to list items they are looking to buy sell or swap on either our online [website forum](#) or on our [Facebook Page](#).

All chapter members are welcome to attend our annual tackle swap and BBQ at our July regular membership meeting. At the meeting you can display all of the items you want to sell or swap.

EJTU also accepts donations (which are tax deductible) of items, which we will sell to raise funds for chapter activities and conservation projects.