



Riffles

The Monthly Newsletter of
East Jersey Trout Unlimited

May 2019
Volume 50, Issue 5
Please Consider The Environment Before Printing Riffles

May General Membership Meeting



Scott Cullenberg - NJ Fish & Wildlife Biologist miss this presentation.

Come hang out, enjoy a cup of joe and catch up with your fellow EJTU members and fishing friends. All are welcome. We will see you then!

EJTU's May general membership meeting will be held on May 8th. Doors open at 7:00 PM and the meeting begins at 7:30 PM.

Scott Cullenberg, a senior fisheries biologist from NJ Fish and Wildlife, will be our speaker. Scott will focus on climate adaptation and its implications on managing brook trout in New Jersey. You don't want to

Other Fun Upcoming EJTU Events

- May 8th: General Chapter Meeting - Scott Cullenberg
- May 17th-19th: Voorhees State Park Camping / Fishing Trip
- May 19th: Overpeck Earthfest
- June 7th-9th: Roscoe Trip and Catskills Picnic
- June 12: General Chapter Meeting - Movie Screening "Artifishal"
- June 8th-16th: Block Island Striper Trip
- June 15th: Ramapo River Day
- June 23rd: Glen Rock Fishing Derby
- July 10th: General Chapter Meeting - BBQ and Tackle Swap
- July 12th-14th: Ausable River Fishing Trip
- July 20th: Farmington River Fly Trip
- July 27th: EJTU Family Day

A full list of upcoming events is available on EJTU's calendar.

EJTU's famous library display will be at the Lyndhurst library this month. Stop by and check it out.



Inside this issue of Riffles

- Upcoming Events..... 1
- President's Beat..... 2
- Artifishal..... 2
- EJTU Photo of The Month..... 3
- To Be or Knot to Be..... 3
- Conservation Notes..... 4
- Perdigon Nymph..... 4
- Missing Fly Rod..... 5
- Orvis 101 at Ramsey Outdoor..... 5
- Bergen Federation Rep Needed.. 5
- Most Endangered Rivers..... 5
- The Big IDEA..... 5
- EJTU Casting Shirts Available..... 5
- Mill Pond Cleanup..... 6
- Wild and Scenic Rivers..... 7
- Harbor Freight Rod Saver..... 7

Volunteers Needed

- Board of Directors Members
- Community Outreach Coordinator
- Bergen County Federation of Sportsmen's Representative.

President's Beat

By Chris Henrickson



In my opinion we are getting to the best time of year for fishing. The shad are starting their spawning run up the Delaware river. Stripers and Bluefish are crashing the New Jersey shoreline. Bass and panfish are agreeable as always. We are also entering into the prime season of May fly hatches for trout fishing including Hendricksons and shortly Green Drakes!

With such abundant fishing opportunities in our little corner of America, what is a fly angler to do? We can't be in the surf, along the banks of a trout stream and on a pond all at the same time.

One recommendation I would like to make is to try to fish for something different. If you only fly fish for

trout, go down to the shore for stripers. If you're a seasoned saltwater fly angler, give shad fishing on the fly a shot. You may need to invest in some different tackle and put in a little time at your fly tying bench to tie some different patterns, but that is part of the fun our sport. You will almost certainly have fun and the new skills you acquire are easily transferrable.

For example, if you practice casting a 9 weight fly rod to fish for stripers, you will likely be casting a 5 weight fly rod for trout more easily and with greater distance. It forces you to practice your casting, which is important. If you learn to spey cast to chase Shad on larger rivers, you can use that same skill for steelhead fishing. Saltwater fly fishing will certainly improve your streamer fishing skills to use while trout fishing

Becoming familiar with beach and ocean jetties and structure will help you identify areas trout might be hiding along rocky river banks. Tying flies for new species often, although not always, requires researching and procuring new fly tying materials and learning new fly tying skills. These new tying skills are also easily transferable.

Although it may be tempting to go and fish for your favorite species that you have been waiting for all winter long, consider trying something different. Broadening and diversifying your fly angling experience will take you to new places and will result in your becoming a stronger, more versatile and successful angler. Of course, we all will inevitably go to our favorite rivers and honey holes, but try something different. You won't regret it!

“Unless we practice conservation, those who come after us will have to pay the price of misery, degradation, and failure for the progress and prosperity of our day.” - Gifford Pinchot

ARTIFISHAL
Movie Screening at EJTU June Membership Meeting

patagonia
All are Welcome. Be There.

EAST JERSEY TROUT UNLIMITED

EJTU Board of Directors

OFFICERS

President / Webmaster

Chris Henrickson - Westwood

1st Vice President

Greg Koch - Hoboken

2nd Vice President / Membership

Elio Chiavola - Lincoln Park

Treasurer

Ray Tannberg - Washington Township

Secretary

Justin Fuller - Park Ridge

DIRECTORS

President Emeritus

Bruce Seiden - Fair Lawn

Conservation Chairman

Rich Malizia - Hawthorne

Trips

Dino Eftychiou - Montvale

Publicity

Bruce Halstater - Norwood

Speakers

Ed Janiga - Franklin Lakes

Merchandise

Charlie Maccia - Verona

Education

Doug Penna - Hasbrouck Heights

Points

Paul Reithmeier - Ringwood

Director At Large

Igor Zaretsky - Fair Lawn

Additional EJTU Leaders

Strategic Planning

Ken Barile - Montvale

Diversity Initiative

Jon Daffron - Ridgewood

Veterans Services

Vic Mignoli - Little Silver

Trout In The Classroom

Jim Piombino - Fair Lawn



Photograph of the Month: Chris Henrickson - "EJTU's First DI Pub Night"

To Be or Knot To Be

By Ken Barile

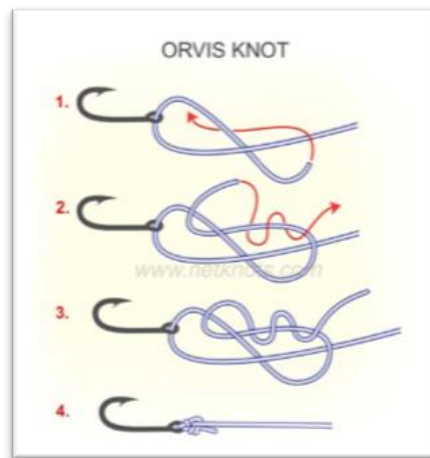
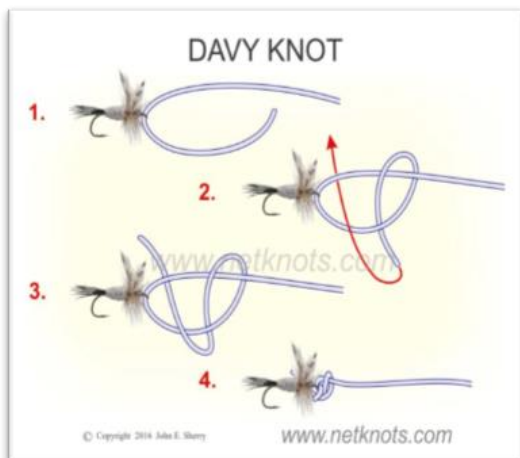
Fishermen tend to be pragmatic. They find something that works for them and stick with it. Perhaps it's because there is so much to learn about our sport that we can't be bothered refining our existing skills. This very much applies to the area of knots. While new and improved knots are being developed, we tend to stick with what we know.

I recently made the decision to be different. The motivation came when I was fishing in winter and needed to change flies in bitter cold and windy conditions. I was using the Clinch knot at the time and in the chilly Febru-

ary weather, my fingers were not flexible, making the task of tying a fly take 5 to 7 minutes, and involving 3 or 4 failed attempts. I needed to find a simple, better way.

I researched knots commonly used in fly fishing and found two knots that met my requirements for speed and simplicity. They are the Davy knot and Orvis knot. I tried both knots and while they were both easy to tie, I found the Davy knot to be a bit faster, easier, and resulted in a smaller knot which collects less debris in the water. The Orvis knot is 13% stronger (according to testing by www.saltstrong.com) but both knots are surely strong enough for any trout we would battle.

Try tying each knot and choose for yourself. You may have a new favorite knot in your future. Below are diagrams of each knot. Tight lines.



Contact EJTU

Website: www.eastjerseytu.org
Email: eastjerseytu@gmail.com
Instagram: [@eastjerseytu](https://www.instagram.com/eastjerseytu)
Facebook: [eastjerseytu](https://www.facebook.com/eastjerseytu)
Twitter: [@EJTU1](https://twitter.com/EJTU1)
YouTube: [EJTU](https://www.youtube.com/EJTU)

Mailing Address:

East Jersey Trout Unlimited
P.O. Box 366 Ho-Ho-Kus, NJ 07423

General Membership Meetings:

Second Wednesday of the month.
Doors open at 7:00 PM. Meetings start at 7:30 PM

The American Legion Hall
33 West Passaic Street
Rochelle Park, NJ 07662

[Directions](#)

Board of Director's Meetings:

Last Thursday of the month at 7:30 PM

Fair Lawn Athletic Club
14-19 Parmelee Ave
Fair Lawn, NJ 07410
201-796-9771

[Directions](#)

Conservation Committee Meetings:

Second Thursday of the month at 7:00 PM

Louis Bay 2nd Public Library
345 Lafayette Avenue
Hawthorne, NJ 07506

[Directions](#)

About EJTU

East Jersey Trout Unlimited (EJTU) is a community of more than 700 anglers in the greater northeastern New Jersey region who are dedicated to cold water conservation and the stewardship of our local watersheds.

Our members work to protect, reconnect, restore and sustain trout habitat for anglers today and for the next generations of sportsmen and women who value the relationship between clean, healthy waterways and sustainable fishing.

Conservation Notes

By Rich Malizia



Earth Day was April 22nd. It was recognized globally in many different ways. I find it difficult to use the word “celebrate” in conjunction with the day. When I think of the underlying problems which brought about the first Earth Day, I see little or no overall improvements. While some issues have been remediated, other problems have taken their place.

There is a youth movement throughout Europe which is attempting to bring attention to

climate change. According to some scientists, the window to react to the warming of the earth is about to close. A sixteen year old from Sweden, Greta Thunberg, has been able to ignite a level of activism. While our media covers the demonstrations overseas, there has been little coverage of events at home. While some nations throughout the world are attempting to make changes to blunt the effects of climate change, the current administration has turned its back and walked away from international efforts. I read about proposals to build walls to divert the force of sea level change. The idea of closing off the area from Sandy Hook, New Jersey to Breeze Point, New York to protect New York sounds like something out of Jules Vern. We indulge ourselves with these fantastic projects while completely ignoring the source of the problem. Remember Global warming? How about CO2 emissions? Melting glaciers and diminishing ice in the Arctic and Antarctic are all the result of problems being ignored. Instead of trying to deal with the issues which will substantially change our lives, there is an effort to make it easier to build pipelines and increase oil and gas exploration and production so that fossil fuel consumption can be increased. The Administration is considering ways to limit a state’s authority to control pipeline construction. Isn’t anyone in Washington listening? The Green New Deal has become a laugh line

to the political talking heads. Maybe some of the ideas are extreme but can’t the pundits look past them to its intent? I find it interesting that NASA and the military are actively pursuing means to remediate the effects of climate change while the Administration is happy to whistle when it walks passed the graveyard. Washington puts the label of “socialism” on any idea which requires the government to work for the common good. We have land-grant railroads, interstate highway systems, rural electrification, the TVA and many similar things which have improved the lives of so many. Yet, ideas which focus on the survival of the Planet are passed off as the thoughts of some crackpots. When will “Humanism” become a driving force?

On a lighter note, our assistance with the weekly NJF&W trout stocking of the Ramapo River has been a great success. Turnout of volunteers has been good, but I must urge you to continue to participate or, if you haven’t volunteered before, come out and join the group. John Polk has taken over the leadership and I thank all volunteers for supporting John. There is always a lot to do. We meet every Thursday morning at 9:30AM at the Glen Gray Bridge on the Oakland/Mahwah border. Please bring waders or hip boots. Stocking will continue until May 23rd.

Fishing derby season is here. Please watch for announcements on our web site and check dates on our calendar. We only need a few volunteers at each event and the time commitment is usually just a few hours. We expect to assist at the annual Earth fest at Overpeck County Park on Sunday, May 19th from 1:00 PM to 5:00 PM. Please arrive by 12:30 PM at the fishing dock. The following Saturday, May 25th is the Mahwah Fishing Derby at Silver Lake Park at 10:0 AM at the intersection of Airmount Avenue and Airmount Road in Mahwah. We will meet there at 9:30 AM.

Ramapo River Day is scheduled for Saturday June 15th. We need as much publicity as possible. Since The Record found it necessary to terminate its relationship with Mark Czerwinski, we have lost our primary source of outreach to the community. Last month’s issue of Riffles included a flyer which can be reproduced. Please print off a few copies and place them in your local library or supermarket. Many have bulletin boards to announce such events. Usually the only requirement is that the organization is a not-for-profit.

TAKE TIME TO MAKE A DIFFERENCE!

Perdigon Nymph

By Dino Eftychiou

I was reminded about the perdigon nymph after Mike Appello of Tightlines Fly Fishing said it was one of his favorite flies at April’s general membership meeting. I started tying this nymph about a year ago when I kept seeing it mentioned on fly shop websites. In fact, before I began writing this article, I checked out UpCountry Sportfishing’s website where I’m pretty sure I first heard of this fly, and there it was again listed as one of the nymphs to use on the Farmington River.

The pattern seems to have been invented by Spanish fishermen for competitive fishing around 6 years ago, so it’s a relatively new fly. What makes it especially effective is that it imitates a number of fly larvae and it sinks very quickly, getting down to where the fish are feeding. It’s especially productive

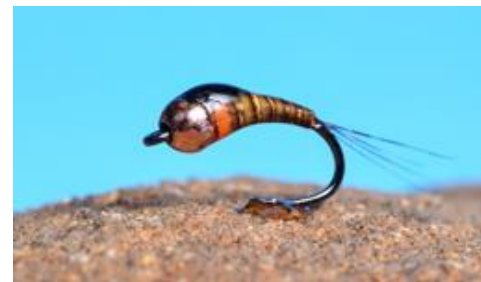
in fast flowing water. Although the fly does have a tail, it has no other feathers or fur to slow it down as it sinks. It’s mostly hook, thread, bead, maybe some tinsel, all sealed by UV resin. It does have a wing case, but it’s cleverly drawn on with a marker. It’s about as streamlined a fly as you’ve ever seen. And since Mike Appello fishes it successfully on our New Jersey rivers, it’s not just a Spanish or Farmington fly. Tie up a bunch for your box before you head out on your next fishing outing.

Rather than list the pattern’s ingredients, here are some websites that you can check out:

Charlie Craven: <https://www.youtube.com/watch?v=kFpMWOEeooE>

Davie McPhail: https://www.youtube.com/watch?v=XjyXiaN_pTk

Orvis: <https://news.orvis.com/fly-fishing/video-tie-pliva-perdigon-nymph>



Missing TU Life Member Fly Rod

I left my Winston Rod with a Lamson Reel and a small tackle box with spinning lures stream side at Riverview Terrace along the Ramapo River this past Saturday and when I went back for it it was gone. I got the rod back in 2009 for joining TU as a life member. I sent an email to TU and Winston asking if they have the serial number. If anyone hears of this missing tackle, please let me know by emailing me. [Email Marty](#).

Orvis 101 Class Ramsey

Ramsey Outdoor is doing an Orvis 101 class on May 26th from 9:30-11:30 AM. It is a two hour class on getting started in fly fishing. They are looking for some chapter volunteers to help out. Volunteers will go over basic tackle, fly selection, and a casting lesson. Orvis recommended seeing if we would like to be involved since it can be a good way to recruit new members. Contact [Chris Henrickson](#) if you are available to help.

Bergen County Federation of Sportsmen's Clubs Rep

EJTU is a member of the Bergen County Federation of Sportsmen's clubs. They meet once per month in the evening at the Fairlawn Athletic club.

If anyone would like to attend the Federation's monthly meeting to represent EJTU, please contact [Chris Henrickson](#).

EJTU Quick Drying Casting Shirts Are Now Available!

Only \$40.00 for a shirt. Big Thanks to Charlie Maccia for designing our newest EJTU merchandise offering. These shirts will keep you cool all day long while fishing this summer. Stop by and pick one up at our



America's Most Endangered Rivers of 2019

As Appeared on American Rivers.org

American Rivers reviews nominations for the America's Most Endangered Rivers report from river groups and concerned citizens across the country. Rivers are selected based upon the following criteria:

- A major decision (that the public can help influence) in the coming year.
- The significance of the river to human and natural communities.
- The magnitude of the threat to the river and associated communities, especially in light of a changing climate.

The report highlights ten rivers whose fates will be decided in the coming year, and encourages decision-makers to do the right thing for the rivers and the communities they support.

The report is not a list of the nation's "worst" or most polluted rivers, but rather it highlights rivers confronted by critical decisions that will determine their future.

The report presents alternatives to proposals that would damage rivers, identifies those who make the crucial decisions and points out opportunities for the public to take action on behalf of each listed river.

- | | |
|--|--------------------------------|
| 1. Gila River, NM | 6. Chilkat River, AK |
| 2. Hudson River, NY | 7. South Fork Salmon River, ID |
| 3. Upper Mississippi River, IL, IA, MO | 8. Buffalo National River, AR |
| 4. Green-Duwamish River, WA | 9. Big Darby Creek, OH |
| 5. Willamette River, OR | 10. Stikine River, AK |

Of note to EJTU members, The nearby Hudson River Estuary, heartbeat of New York City, is a biologically rich tidal system that provides essential habitat for many species of fish and wildlife. This river has faced many challenges, the latest of which is a potential project by the U.S. Army Corps of Engineers to build massive storm surge barriers that could have catastrophic consequences for the river and region.

These giant ocean gates threaten to choke off tidal flow and restrict the migration of fish, changing the ecology of the Hudson River forever. The Army Corps must expand its approach and find solutions that protect New York City, the Port of New York and New Jersey and shoreline communities without harming the river.

The Big IDEA (IDEA = Inclusion, Diversity, Equity, Awareness)

By Jon Daffron

I'm pleased to report that our chapter has officially hosted our first official Diversity Initiative event. On April 24th we held a Pub Night at the Steel Wheel Tavern in Ridgewood, NJ. We were well looked-after by the venue with half the dining room reserved for our group. Tasty appetizers were served. Rounds of drinks came one after another. The only thing flowing faster than the taps was the conversation on every topic from where to fish, upcoming trips, and the latest gear (along with numerous non-fishing related topics).

Throughout the evening we had roughly 25 members and 10 non-members attend the event, and we were psyched to meet some new faces - four joined our chapter on the spot! We were especially happy to have a handful of women and younger folks come to the event as well, a trend we should encourage. EJTU is stellar at welcoming people, and we should continue to make every event, every trip, and every chapter meeting have that same inclusive vibe. Save the date for Family Day: July 27th Glen Rock Arboretum. Looking For all the latest information on EJTU's Diversity Initiative? Visit our [DI Webpage Here!](#)

New EJTU Members

Pat Bruce-Lojhart, Henry Chen, Yun Choi, Robert Day, Robert Gibby, David Hess, Ira Jacobs, Andrew Lenihan, Alex Lincoln, David Miller, Matthew Spano, Vikram Talwar, Jeff Train, Craig Wilkie, Kenneth Wolf,

Welcome and thank you for helping us to protect northeastern NJ's cold-water resources. We look forward to meeting you at one of our upcoming conservation projects, meetings or fly fishing trips!

To Join EJTU or Renew Your EJTU Membership

Visit TU National's membership page at gifts.tu.org. Remember to choose to be assigned to the "East Jersey Chapter - 091".

Mill Pond / Pascack Creek Cleanup



MILESTONE: NEW WILD AND SCENIC RIVERS

In March, the largest package of Wild and Scenic River designations in nearly a decade was signed into law.

The landmark bill forever protects 620 miles of rivers in the desert of southern California, the Green River in Utah, the Rogue River watershed in Oregon, the Nashua River in Massachusetts and New Hampshire, and the Lower Farmington River and Salmon Brook in Connecticut.

“As we celebrate 50 years of the Wild and Scenic Rivers Act, it is fitting that there is bipartisan support for protecting new Wild and Scenic Rivers from

Massachusetts to California, including adding protections for tributaries of the Rogue River, one of the original eight rivers protected in 1968,” said American Rivers’ President Bob Irvin.

Your support is putting us on track to protect 5,000 new river miles and 1 million acres of riverside lands by October 2020. Learn more at 5000miles.org.



Harbor Freight Rod Saver

By Justin Fuller

Almost from the moment that your first try to fish multiple locations in one outing you become very highly aware of the “need” for a system to store your rods in your vehicle safely, without having to totally disassemble the outfit. The apparent solution would be to get a proper rod rack system inside of the car, but those aren’t cheap, at least not the good ones. With several of these systems, they are designed to utilize the grab handles in the ceiling, but that also wasn’t going to work in my situation.

On upgrading to a larger family vehicle, I rushed out and bought a Rod Saver strap system that came with all the mounting kit, but the best mounting locations wouldn’t have worked for various reasons and there was the lingering question of whether I really wanted to drill holes in my new car’s interior.

While wandering through Harbor Freight, a few weeks ago, I bumped in to a \$3 item that sorted all my issues, a 2¼ inch diameter suction cup with quick release. I believe it’s intended to help maneuver automotive glass around. The package claims to hold up to 15 lbs. weight. I’m not sure how many rods it would take to be over that capacity, but it’s more than I own. With the suction cups in place, I was able to rig the Rod Saver strap system. I can get fully strung up 9-foot rods in the car with ease, but to keep rod tips from flapping about I’ll still break those down into 2 pieces.

It’s not life altering advice but if you’re in a bind and looking for a cheap way to keep rigged up, this one little device might help. Harbor Freight Item # 62715.



About Riffles

Riffles Editors: Dino Eftychiou, Justin Fuller and Chris Henrickson.

[Subscribe to and Download Back Issues of Riffles](#)

Riffles is your publication; we encourage all members to contribute articles, tips and stories. Articles may relate to trout, trout fishing, fishing in general or conservation. All articles are published, edited and may be condensed at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of “catch and release.” Pseudonyms may be used, but the editors must be informed of the name of the member who writes the article.

Questions, Comments and How to Submit Articles

Any suggestions you may have to improve Riffles are greatly appreciated. If you have any articles or content you would like to submit, please email the Editors at eastjerseytu@gmail.com. We look forward to hearing from you.

About Trout Unlimited

Trout Unlimited is a national organization with about 300,000 members and supporters organized into over 400 chapters and councils from Maine to Montana to Alaska.

This dedicated grassroots army is matched by a respected staff of lawyers, policy experts and scientists, who work out of more than 30 offices nationwide.

Looking to Buy, Sell, Swap or Donate a Fishing Related item?

EJTU can help! Chapter members are welcome to list items they are looking to buy sell or swap on either our online [website forum](#) or on our [Facebook Page](#).

All chapter members are welcome to attend our annual tackle swap and BBQ at our July regular membership meeting. At the meeting you can display all of the items you want to sell or swap.

EJTU also accepts donations (which are tax deductible) of items, which we will sell to raise funds for chapter activities and conservation projects.