



Riffles

The Monthly Newsletter of
East Jersey Trout Unlimited

October 2019
Volume 50, Issue 10
Please Consider The Environment Before Printing *Riffles*



October General Membership Meeting



John Jinishian - Wilderness River Guides

EJTU's August general membership meeting will be held on October 9th. Doors open at 7:00 PM and the meeting begins at 7:30 PM. Our special guest speaker will be John Jinishian.

John is a member of a wilderness Fly Fishing company called Alaska's Wild River Guides (WRG). His talk will celebrate the love he has for the fish, the anglers, the still pristine rivers of Bristol Bay, the wildlife and the environment.

The presentation follows the format of a weeklong river trip on the Kanektok, or Togiak or Goodnews Rivers. WRG operates seasonally in the Bristol Bay region of Alaska, specifically on the Togiak National Wildlife Refuge. John is also seeking to increase awareness of this fishery that may be impacted by the proposed massive Pebble mine development project. It should be an excellent presentation. Come join us!

Other Fun Upcoming EJTU Events

- October 9th: General Chapter Meeting
- October 11th: Fall Ramapo River Stocking
- October 19th: Paulinskill Tree Planting
- October 21st: Trout In The Classroom Egg Delivery Day
- November 13th: General Chapter Meeting
- December 11th: General Chapter Meeting - Holiday Party.
- January 8th: General Chapter Meeting
- January 24th-26th: EJTU Booth At The Edison Show

A full list of upcoming events is available on EJTU's calendar.



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Volunteers Needed

- Board of Directors Members
- Community Outreach Coordinator
- Bergen County Federation of Sportsmen's Representative
- Fishing Trips Director
- Conservation Committee Chair

President's Beat

By Chris Henrickson



EJTU just had its annual camping and fly fishing trip to the Housatonic River during the weekend of September 28th and the trip was particularly well attended.

A group email chain has been circulating amongst the trip attendees thanking each other for cooking, cleaning and sharing fly fishing tips and techniques.

Although I did not attend the trip, it is so nice to hear about chapter members helping one another out, sharing knowledge and pitching in to cook and clean.

We had approximately 30 attendees this year. It is great to see such a large robust turnout at one of our chapter events. Let's see if we can replicate this

level of attendance and participation at our upcoming EJTU conservation events like Trout in the Classroom egg delivery day, the fall stocking event at the Ramapo River and our upcoming tree planting event along the banks of the Paulinskill River. More information about these crucial conservation events can be found in this issue of *Riffles* and on our website. Many of the same friendly people that fished the Housatonic will be at these events as well. These conservation events are just as fun and are far more important, as we ensure that good, clean fishable water for fly fishing like the Housatonic are preserved for future generations.

If you enjoyed the camaraderie and friendship at the Housatonic trip, consider stepping up into a leadership position in our chapter. We have opportunities for any level of involvement you would like to have. You could join the Board of Directors, lead a fishing trip to a cool new place, run one of our BBQs or social events or get involved in our chapter's communication efforts like *Riffles*.

The group email I mentioned earlier also had many expressions of gratitude to our trip Leader Ken Barile - our "Sage of the Housatonic". Here is another one from me....Thanks Ken!

In addition to all the fun that Kenny had up in Connecticut over the past weekend, I am sure that these well deserved thank you messages give him a unique sense of satisfaction and pleasure that only comes from being a volunteer leader in a non-profit conservation group like East Jersey Trout Unlimited. Why not follow Ken's excellent example and get involved? Greater involvement from chapter members directly results in the accomplishment of more good work and fun times.

Trout In The Classroom Egg Delivery

By Jim Piombino

Egg delivery for The Trout In The Classroom program will be on Monday, October 21. We have 23 schools in our chapter's delivery area and need around 10 drivers to deliver the eggs to the schools.

This program has been going on for a number of years and there are over 120 schools in New Jersey that participate in the program. Teachers and students set up a fish tank in their classroom in September. After the eggs arrive and the eggs hatch into Alevin, the students feed and raise the trout. Along the way the teacher has the students doing various projects pertaining to the trout. These might include projects in art, math, English and science. When the trout reach juvenile size in May, they are released into approved streams or rivers. The teachers and the students really enjoy this program and when the eggs are delivered you can feel the enthusiasm.

Again, delivery date is October 21. We will meet at the Burger King on route 46 in Clifton around 11:00 AM. It usually takes about 2 hours to deliver eggs to 2 or 3 schools. To help out please contact EJTU's Trout In The Classroom Coordinator Jim Piombino:

Home Phone: 201-794-8590

Text: 201-679-4394

Email: coacheastside1952@yahoo.com



EJTU Board of Directors

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Vic Mignoli - Little Silver

Trout In The Classroom

Jim Piombino - Fair Lawn



Photograph of the Month: Dave Blackowski - "Housy Brown Trout - Keepin em Wet"

How to Choose The Right Tippet Size

By Orvis / Submitted by Ken Barile

Most tippet sizes will support three or four fly sizes before they either get too stiff for a lifelike presentation or too thin to straighten a fly. In general, choose the heavier size if the water is dirty, if it's windy, or if the fish are unusually strong.

Choose the finer size if the water is very clear and the fish are spooky, or if you are fishing tricky currents and drag is a problem, because a thinner tippet will lessen un-natural drag on your fly.

For average conditions choose the middle size.



Tippet Size	Tippet Diameter	Approximate breaking strength in Super Strong nylon (pounds)	Balances with fly sizes:
8X	.003"	1.75	22, 24, 26, 28
7X	.004"	2.5	18, 20, 22, 24
6X	.004"	3.5	16, 18, 20, 22
5X	.006"	4.75	14, 16, 18
4X	.007"	6	12, 14, 16
3.5	.008"	8.5	6, 8, 10
2X	.009"	11.5	4, 6, 8
1X	.010"	13.5	2, 4, 6
0X	.011"	15.5	1/0, 2, 4
.012	.012"	18.5	5/0, 4/0, 3/0, 2/0
.013	.013"	20	5/0, 4/0, 3/0, 2/0
.015	.015"	25	5/0, 4/0, 3/0, 2/0

Contact EJTU

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Facebook: [eastjerseytu](https://www.facebook.com/eastjerseytu)
Twitter: [@EJTU1](https://twitter.com/EJTU1)
YouTube: [EJTU](https://www.youtube.com/EJTU)

Mailing Address:

East Jersey Trout Unlimited
P.O. Box 366 Ho-Ho-Kus, NJ 07423

General Membership Meetings:

Second Wednesday of the month.
Doors open at 7:00 PM. Meetings start at 7:30 PM

The American Legion Hall
33 West Passaic Street
Rochelle Park, NJ 07662

[Directions](#)

Board of Director's Meetings:

Last Thursday of the month at 7:30 PM

Fair Lawn Athletic Club

14-19 Parmelee Ave
Fair Lawn, NJ 07410
201-796-9771

[Directions](#)

Conservation Committee Meetings:

Second Thursday of the month at 7:00 PM

Louis Bay 2nd Public Library

345 Lafayette Avenue
Hawthorne, NJ 07506

[Directions](#)

About EJTU

East Jersey Trout Unlimited (EJTU) is a community of more than 750 anglers in the greater northeastern New Jersey region who are dedicated to cold water conservation and the stewardship of our local watersheds.

Our members work to protect, reconnect, restore and sustain trout habitat for anglers today and for the next generations of sportsmen and women who value the relationship between clean, healthy waterways and sustainable fishing.

Conservation Notes

By Rich Malizia



I have often been told that my column lacks positive and encouraging information. Please accept my apology for often being the dark cloud. Maybe it is my age and the ever increasing sense that our society has become too busy or distracted to see the long term effects of our actions. So many people are so busy just trying to make it through the morass of everyday life, they have little time or energy to deal with other issues. However, I believe

these issues will affect your lives and those of your children and grandchildren.

Members of the United Nations were called to task by a little kid, Greta Thunberg, a Swedish environmental activist. At this writing I have not heard much from our current Administration. I expect that every effort will be made to dismiss or diminish her message and concerns. I believe she represents the future while many of our elected officials are clinging to the past so hard their fingertips are ripping off. Change is coming whether they like it or not. The major auto manufacturers are building electric cars and trucks. Oil companies are investing in nonpolluting biofuels. Electric utilities are developing solar and wind power. This is being done quietly in many cases. Where is the leadership in Washington? Are they waiting for the Washington Monument to be designated as a navigational aid?

The political class has long promoted "states' rights" over the power of the federal government. I guess that is no longer a priority of the current Administration. The State of California has had the authority to set its own air pollution standards since the 1970s. One of the methods used was to set automobile efficiency standards. California led the campaign to increase mileage standards for U.S. and foreign automobile manufacturers. New Jersey is one of thirteen other States which have adopted California's mileage standards. These and other regulations have resulted in vastly improved air quality, particularly in the Los Angeles area. The gray haze that once loomed over L.A. is gone. The Administration has withdrawn California's right to set its mileage standards. Its rationale is improved auto safety. Does the administration actually think that the auto industry is going to revert to building bigger, heavier cars now that they have succeeded in marketing vehicles which are far less expensive to build? Gone is the steel and chrome; replaced by lighter weight and in many cases stronger materials. The major auto manufacturers actually support California's mileage standards. Is this the Administration's attempt to increase sales of gasoline? Isn't the petroleum industry subsidized enough?

Efforts to build wind farms off the Atlantic coast have hit the EPA wall. Suddenly, the Administration is concerned with the environmental effects of windmills. Yes, they cause some noise when operating and represent a threat to migratory birds at certain times of year. The threat to migratory birds has been addressed in areas around the country by simply turning off the windmills during the relatively short duration of seasonal migrations. I don't know if the noise levels and vibration has any adverse effect on marine life but I don't think the threat compares to another BP oil spill. Additionally, off-shore drilling for oil and natural gas, including the effects of seismic testing, somehow do not warrant any scrutiny by the EPA. Maybe that is

because we already know the disastrous results of such activities. The Administration simply can't accept the fact that the era of coal and oil is coming to an end. Instead of fighting renewable energy sources, the Administration should be embracing it. We dropped the ball years ago when Congress withdrew support from the emerging solar panel industry. That failure allowed China to step in and become the world's leader in that industry. If we stopped giving away industry leadership to China, we would not have to fight to bring it back. It seems we continue to go full speed in reverse when it comes to environmental issues. During the Carter administration, solar panels were installed on the White House roof. These were quickly and quietly removed by the Reagan administration. Similarly, but to a much greater extent, the numerous environmental protections advanced during the Obama administration have been attacked and reversed by Trump.

I hope you have been following the news about the continuing efforts to build several pipelines around or through New Jersey. Power plants which will cause substantial air pollution are also on the drawing boards. One can only ask what happened to the commitment to focus on renewable energy.

The recent elimination of protections for small streams and wetlands may mean the death for your favorite wild trout stream. Several years ago a court case limited federal protections to navigable waterways. Subsequently small streams and wetlands were protected by executive order. The ongoing efforts of the current Administration to reverse very executive order issued by the prior Administration, without regard to the merits of those orders, have had a potentially disastrous effect on environmental protections. Clean air, clean water, endangered species, Roadless rules, protected forests lands, limits on oil and gas exploration, and on and on, have all been included in this Administration's efforts to reverse all the environmental gains of nearly 50 years. Yes, that's right. The Clean Air Act passed in 1970 and the Clean Water Act was passed in 1972. What's next, the return of DDT?

In an effort to close on a positive note, NJF&W will do its fall stocking of the Ramapo on Friday, October 11th. We will meet at 9:00 – 9:30 AM at the Glen Gray Bridge on the Oakland/Mahwah border. Bring waders or hip boots. Hopefully we will get some rain between now and then so we can float stock and the fish have some place to hide.

TAKE TIME TO MAKE A DIFFERENCE



New EJTU Members

Bryce Kopp, Joe Landolfi, John Swartz and Richard White

Welcome and thank you for helping us to protect northeastern NJ's cold-water resources. We look forward to meeting you at one of our upcoming conservation projects, meetings or fly fishing trips!

To Join EJTU or Renew Your EJTU Membership

Visit TU National's membership page at gifts.tu.org. Remember to choose to be assigned to the "East Jersey Chapter - 091".

Mini Chubby

By Dino Eftychiou

About a week before our annual Housatonic River trip, I read online that trout were being caught on a Mini Chubbies. I've tied Chubbies before but never small ones. Unfortunately, I decided to tie only three for this trip figuring that would be enough. It wasn't. The first one I fished caught a trout, but when I took the hook out of its mouth I saw that one of the four legs was missing. I switched to another Chubby and netted another trout. This time both legs on one side of the fly were gone. I tied on the third one, hooked a fish but lost it. When I reeled in the fly, I saw that all the legs were completely gone.

A fellow fly tier said that maybe I tied the legs on too tightly and that the thread cut into the leg material. A couple of days after the trip I tied a dozen of these little flies. This time I wrapped a thin noodle of dubbing on the thread before I attached the legs to keep the thread from biting into them. I also put a drop of super glue on the wraps. I'm hoping that next time I am able to use each fly more than once when I hook a fish, regardless of whether I net it or not.

There are a number of patterns online, but I pretty much tied my own as illustrated in the photo. These are the materials I used, but you can tie these flies using any Chubby pattern in a down-sized version, maybe even smaller than my size 14 pattern.

Hook: Dry fly hook, size 14

Thread: 8/0 tan

Dubbing: Amber fine dubbing

Body: Tan foam

Wing: White posting material

Legs: Silicone Micro Mini Legs, barred black on orange



Paulinskill Tree Planting

By Chris Henrickson

On Saturday, October 19th East Jersey Trout Unlimited will be partnering with The Nature Conservancy to do a second tree planting project along the banks of the Paulinskill River. Here is an opportunity to make a real lasting difference in the environment on one of New Jersey's classic trout rivers.

The work should take half the day. Please consider getting your hands dirty and joining us. We would really like to have a robust turnout from EJTU chapter members. Additional information will be sent out shortly in an upcoming EJTU email. Last year EJTU was able to plant 500 trees along the Paulinskill. Let's try to do even better this year.



EJTU Board Member Ray Tannberg Making A Lasting Difference at the 2018 Paulinskill Tree Planting Event.

EJTU Fly Rod Raffle Winner was Ken VanDer Pyl!

By Chris Henrickson

As many of you are aware, EJTU has been in the process of raffling off a TFO fly as a chapter fundraiser. At our last general chapter meeting in September, we finally pulled the winning ticket. I am please to announce that EJTU member Ken Vander Pyl was our winner! He is now the proud owner of a brand new TFO fly rod. Congratulations Ken! I hope you catch many trout on it!

Thank you to all of our chapter members that participated in this fundraising event. Additional funds allow us to do more for our rivers, the environment and our chapter members. EJTU was able to raise over \$200.00. A big thank you to Justin Fuller and Ray Tannberg for their time for coordinating this event.

Housatonic Holiday

By Ken Barile

Thirty EJTU members attended this year's Housatonic Camping and Fishing Trip, September 27th through the 29th. Our largest turnout for this trip to the beautiful and bucolic Housatonic Meadows Campground on the banks of the scenic Housatonic river.

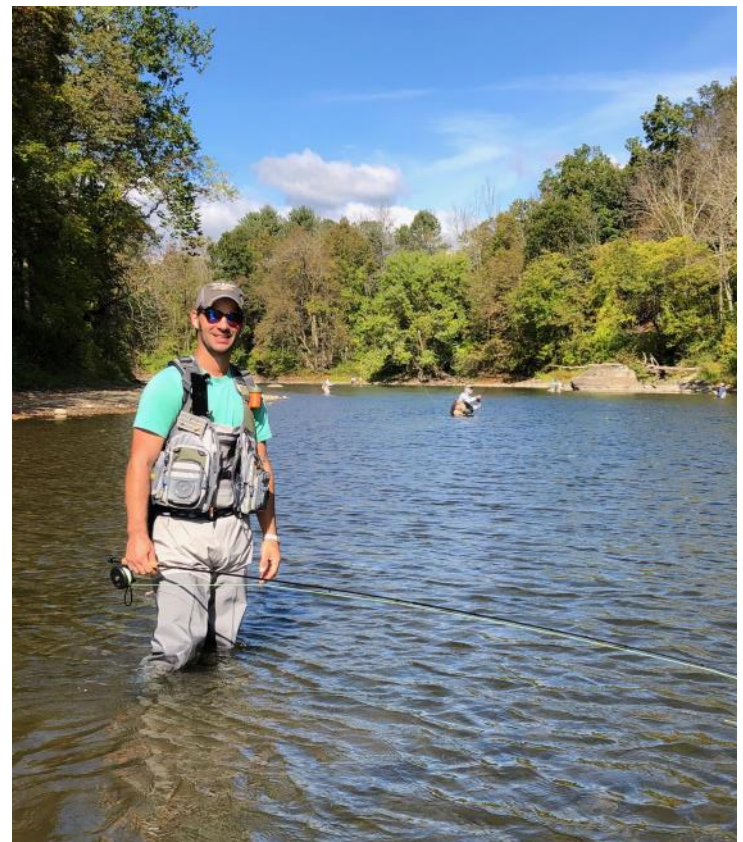
The river was low this year, running around 150 cubic feet per second (CFS). Optimal fishing is in the range of 450 to 800 CFS. However, the low water made the fish congregate in deep riffles, runs, and pools, making them easier to locate and catch. The state stocked 9,000 trout, a mix of Browns and Rainbows, in the river two weeks prior to our trip. There was no shortage of fish.

The runs and deep pools just below our campsite were prime locations for fishing. One of our members caught 19 trout there one afternoon. The old standards like Push'em Up Pool, the Garbage Hole, the Corner Pool also fished well. Greg Tarris and I fished the Coffin Pool along Route 7 several times with success. I was concerned that the river would be crowded with fishermen on the weekend, but thankfully this did not seem to be the case.

Several of us had the opportunity to help EJTU members new to the sport, teaching them how to rig their rods, how to cast, and play a fish. When they caught and landed their first trout, I don't know who was more elated, the fisherman or the guide. I have caught many trout in my life, but helping someone new to our sport catch his first trout gave me a feeling I will remember long after any trout I may have landed.

If there is one theme I carried away from this trip it is camaraderie. EJTU members helped one another without being asked. They shared the tasks of setting up and taking down campsites; they freely shared their food; they shared their fishing experiences on the river, including which flies were working; and they shared their stories around the campfire at night. It is hard to measure how much this spirit added to a successful trip, but I think it was a lot.

In hindsight, this was more than a fishing trip; this was people with a shared passion choosing to spend a weekend in the pleasure of each other's company. I am grateful I was a part of this event.



East Jersey Trout Unlimited Reviews

“Legends B&B Lodge”

A Review By Dino Eftychiou

Approximately a two hour drive from northern New Jersey is Legends B&B Lodge with an architecture and interior decor that rivals many of the lodges you'd find on our storied western rivers. In fact, when I first walked into the lodge, I said to my wife Vikki that this reminded me of some of the lodges I've seen on the banks of Montana rivers. And like many of those lodges, Legends is located on a world class fishery, the Farmington River, which just this past March was designated a Wild and Scenic River by an act of Congress. One of the best stretches of the Farmington is just steps from Legend's backyard.

Yankee Magazine has chosen Legends as the editors' best fishing lodge in New England. But this lodge is not just for those who want to fish. It's an ideal location to stay for nearby hiking, kayaking, tubing, biking, and nature photography. There are historic sites nearby. One of them that my wife and I visited is the magnificent Homestead Estate and Museum with its guided tours of the house and gardens. You also can hang out at the lodge, walking around Sal and Erin's beautiful gardens and visiting the resident chickens and rabbits. Regardless of what outdoor activities you do, leave some time to sit on the back porch on one of the swing chairs. Read a book, listen to the sounds of the river in front of you, or just grab a quick nap before heading out to dinner.

Of course, this is a B&B so breakfast is included. You can help yourself to coffee, muffins, all kinds of bread, hard boiled eggs, granola, cereal, yogurt, fruit, and even cake. For lunch I recommend you drive to the neigh-

EJTU Reviewer Gives This Item



Five Out of Five Trout

boring town of Riverton and get overstuffed sandwiches at the general store. My wife and I had a number of options for dinner, but we chose The Log House Restaurant for no other reason than it was five minutes away and we liked the sound of its name. It did not disappoint. It's a family owned log house building with its own fascinating history that you can read on the menu. The meals are generous and modestly priced. If you plan it right, you can go right from the restaurant to the Pleasant Valley Drive-In Theater right down the road from the lodge. It's been there since 1947.

If you do plan on fishing, Sal is a seasoned fly fisher who will give you guidance on where and what to fish. If you need a guide, he'll set you up. Flies are available for purchase in the lodge, but if you want to tie your own there is a fly tying desk in the Great Room. By the way, I noticed a plaque in the lodge honoring Sal as a Life-time Member of Trout Unlimited. That's indicative of his commitment to TU's mission of conserving and protecting our cold water fisheries, especially the magnificent Farmington River.

Have a book, movie, piece of fishing related gear or perhaps even a place you fished that you enjoyed and would like to review? Shoot an email with a brief write up to the *Riffles* Editors. Be fair and give an honest rating of the item in question on a scale of one to five trout.



Columbia's Earth Observatory Open House

Submitted By Bruce Halstater



ALLIANCEBERNSTEIN



Frank Gumper, Anonymous, Florentin Maurrasse, Taylor Rental, Superior Audio Visual, HNA Palisades Premier Conference Center, South Orangetown Ambulance Corps

This Open House will be on Saturday, October 5, 2019 in Palisades, NY, a day filled with fun and informative Earth science activities for parents, children and science enthusiasts of all ages. Exhibits are aimed at different ages and educational levels, from elementary school-age children to college students, citizen scientists and those well versed in the Earth sciences.

For more information please go to the this website [Open House](http://OpenHouse)

"In wilderness I sense the miracle of life, and behind it our scientific accomplishments fade to trivia"

- Charles A. Lindbergh

EJTU 2020 Edison Booth - Dry Fly Donations Needed!

By Chris Henrickson



We had a great time at the 2019 Edison Fly Fishing Show! Volunteers met some new men and women and signed several people up as chapter members. We were also able to raise some much needed funds by auctioning off our monster fly box of 900 nymphs tied and donated by EJTU chapter members.

Building on our success from last year the chapter will be enhancing our booth with some additional graphics and photos. We will have a fundraiser again in 2020 in which we will auction off a big fly box of dry flies!

We would like once again ask chapter members to please tie up a few flies and donate them to this fundraising effort. Any type of dry flies are fine - parachutes, catskill style flies, comparaduns and anything else you would like to tie. The donated flies can be turned in to any member of EJTU's Board of Directors. Thanks in advance for your generosity and support of our chapter.

About Riffles

Riffles Editors: Dino Eftychiou, Justin Fuller and Chris Henrickson.

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Riffles is your publication; we encourage all members to contribute articles, tips and stories. Articles may relate to trout, trout fishing, fishing in general or conservation. All articles are published, edited and may be condensed at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of "catch and release." Pseudonyms may be used, but the editors must be informed of the name of the member who writes the article.

Questions, Comments and How to Submit Articles

Any suggestions you may have to improve *Riffles* are greatly appreciated. If you have any articles or content you would like to submit, please email the Editors at eastjerseytu@gmail.com. We look forward to hearing from you.

About Trout Unlimited

Trout Unlimited is a national organization with about 300,000 members and supporters organized into over 400 chapters and councils from Maine to Montana to Alaska.

This dedicated grassroots army is matched by a respected staff of lawyers, policy experts and scientists, who work out of more than 30 offices nationwide.

Looking to Buy, Sell, Swap or Donate a Fishing Related item?

EJTU can help! Chapter members are welcome to list items they are looking to buy sell or swap on either our online [website forum](#) or on our [Facebook Page](#).

All chapter members are welcome to attend our annual tackle swap and BBQ at our July regular membership meeting. At the meeting you can display all of the items you want to sell or swap.

EJTU also accepts donations (which are tax deductible) of items, which we will sell to raise funds for chapter activities and conservation projects.