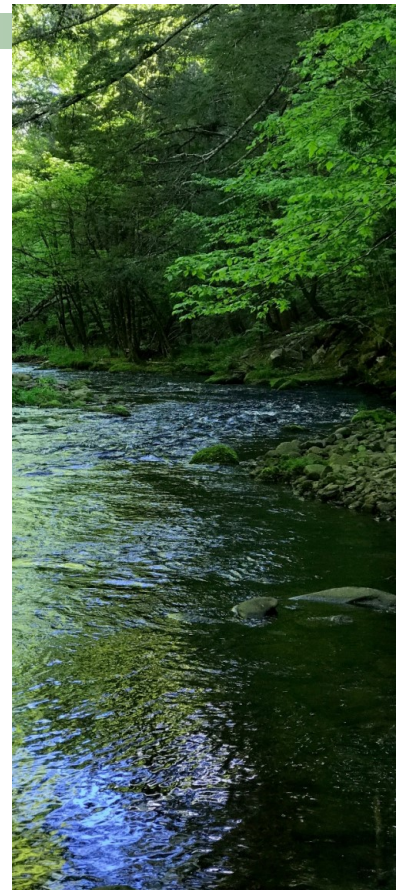




# Riffles

The Monthly Newsletter of  
East Jersey Trout Unlimited

September 2021  
Volume 54, Issue 9  
Please Consider The Environment Before Printing *Riffles*.



## EJTU's Next In-Person Member Meeting

EJTU's September general membership meeting will be held on September 8<sup>th</sup> outdoors at the Pavilion. Doors open at 7:00 PM and the meeting begins at 7:30 PM. EJTU members Rich White and Jim Mac-Donall will be presenting about Bonefishing on Andros Island, Bahamas. Rich and Jim have fished on Andros Island about 20 times and will discuss their experiences flyfishing for bonefish and other species. They will discuss travel issues, lodges, flies, some casting considerations, tackle needs, boat etiquette and more. They will bring flies that work and materials they used to tie those flies. It should be an excellent presentation! Come and hang out and learn all about fly fishing Andros Island.



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## Upcoming Events

**September 8th - September Chapter Meeting**

**September - Fly Tying Classes in Wayne and Hawthorne**

**October 2nd - Housatonic River Trip**

**October 13th - October Chapter Meeting and 50th Anniversary Celebration**

## EJTU Board of Directors

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Chris Henrickson - Westwood

#### 2nd Vice President / Membership

Elio Chiavola - Lincoln Park

#### Treasurer

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#### Secretary

Jim MacDonall - Hasbrouck Heights

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Bruce Seiden - Fair Lawn

#### Conservation Chairman

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Bruce Halstater - Norwood

#### Speakers

Ed Janiga - Franklin Lakes

#### Director At Large

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Doug Penna - Hasbrouck Heights

#### Points

Paul Reithmeier - Ringwood

#### Director At Large

Libby Brickmann - Elmwood Park

#### Director At Large

Igor Zaretsky - Fair Lawn

## Additional EJTU Leaders

#### Strategic Planning

Ken Barile - Montvale

#### Diversity Initiative

Jon Daffron - Ridgewood

#### Riffles Editor

Dino Eftychiou - Montvale

#### Veteran Services / NJ State Council Rep

Vic Mignoli - Little Silver

#### Trout In The Classroom

Jim Piombino - Fair Lawn

#### Youth Coordinator

Jeanne-Marie Thomas - Ridgewood

# President's Beat

By Chris Henrickson



Well, I hope everyone has had a nice summer vacation. Hopefully you all have been giving our trout a nice break over the summer while they attempt to cope with excessively high-water temperatures and very strong flows from Hurricane Henri. Bass fishing and panfish fly fishing in the summer can be both relaxing and action packed. If you have never fished for them before, give it a shot!

Trout Unlimited's President Chris Wood recently announced that "From here on out, only in very rare instances, you will see a photo of a fish out of the water on the online pages of *TROUT Magazine*. The print product, our flagship *TROUT Magazine*, will likely follow suit, but I'll let Editor-in-Chief Kirk Deeter make that call when the time is right." I'm sure that time is right around the corner. Chris also mentioned that "Gone are the hero shots and the grip-and-grins. You'll see more up-close, macro-level photos of trout (and all fish, frankly)." That's great because there is probably nothing more boring than an angler with a vise like death grip on a suffocating trout out of water.

I have taken a lot of grip and grin photos in the past, but I am trying more and more to get away from it, and, like Kirk Deeter, the time is right around the corner for me to stop taking them all together. As usual, a job well done by Chris and Trout Unlimited National, helping to encourage anglers to modify their actions for the benefit of trout!

If you have never heard about the "Keep Fish Wet" website, go check them out here at <https://www.keepfishwet.org>. You will certainly learn something new and let's face it we can all use a refresher on the most up to date best practices for safely handling and releasing fish. You may just find yourself kicking the bad habit of grip and grin photos as well.

EJTU is happy to announce that we will once again be resuming fly tying classes in September in both Wayne, NJ and Hawthorne, NJ. If you are curious about tying or want to brush up your skills, head to our website here <https://www.eastjerseytu.org/fly-tying-classes.html> to register. Nothing is more fulfilling than catching a trout on a fly you tied, except maybe with a rod you built with a leader you tied!

Sadly, the Housatonic Meadows campground will be closed once again this year, so we will not be able to camp. However, we still plan on having a one-day trip to the Housy on October 2nd, like we did last year. The fishing was awesome last year so mark your calendar and come join in on the fun.

## Parking at Meetings

We recently received a complaint from the American Legion Hall (Where we have our meetings). Someone parked in a space that is reserved and striped / designated for the Commander of the American Legion Post.

Please do not park in spaces reserved for designated for other people or any other areas that are not striped as designated parking places. We know the parking lot can be tight. If you cannot find a proper parking space in the lot, you have to look for one on a nearby street. Thanks for your cooperation.



# Fall Fly Tying Course is Back!



Great news! In addition to our Wayne Fly Tying course, which already has been announced, EJTU once again is able to offer its other course for the fall season.

## Information:

**Where:** Hawthorne Ambulance Building

**Address:** 970 Goffle Road, Hawthorne, NJ

**When:** Begins September 14 and runs for 10 sessions

**Time:** 7-9 PM

**Cost:** \$60; additional \$20 for beginners only to cover cost of materials

**Contact:** Mike Sebetich, 551-206-2453 or [msebetich@optonline.net](mailto:msebetich@optonline.net)

Whether you're a beginner, an intermediate, or an expert, please consider signing up for these classes. You'll learn to be a better fly fisher while enjoying the camaraderie of your fellow fly tiers. You will also be contributing to one of our EJTU fund raisers. To enroll contact Mike by phone or email. Payment for the entire course can be made by check made out to East Jersey Trout Unlimited or by cash at the first session.

## The 16/20 Knot

By Ken Barile

One of the things I love about the sport of Fly Fishing is that there is always something to learn that will improve your skills and success. This is especially true when it comes to the art of tying knots. If you were to ask 10 fly fishermen what is their favorite knot to connect tippet to fly, you would no doubt get different answers. Well, here comes another knot and perhaps a new answer for you.

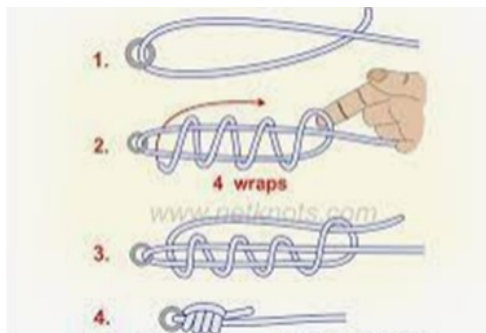
The name 16/20 comes from a Canadian fishing club. In order to be a member of this club, you needed to catch a 20-pound Atlantic Salmon on a size 16 fly. The 16/20 fly was a solution to membership.

The 16/20 knot, also known as the Pitzen Knot, has a lot going for it. It is a very small, yet strong knot used to tie your tippet to the fly. When tied properly it has minimal waste, a benefit when you're tying on dropper flies as it will not quickly shorten your dropper.

With a little practice you will be deft at tying this new knot. A good way to learn the 16/20 is to watch a video from Euro-Nymphing Master, Devin Olsen. Follow this link to find the video on YouTube:

<https://www.youtube.com/watch?v=Szbw7ROAjb8&t=233s>

Tight Lines!



## Contact EJTU

**Website:** [www.eastjerseytu.org](http://www.eastjerseytu.org)

**Email:** [eastjerseytu@gmail.com](mailto:eastjerseytu@gmail.com)

**Instagram:** [@eastjerseytu](https://www.instagram.com/eastjerseytu)

**Facebook:** [eastjerseytu](https://www.facebook.com/eastjerseytu)

**Twitter:** [@EJTU1](https://twitter.com/EJTU1)

**YouTube:** [EJTU](https://www.youtube.com/EJTU)

### Mailing Address:

East Jersey Trout Unlimited  
P.O. Box 366 Ho-Ho-Kus, NJ 07423

### General Membership Meetings:

Second Wednesday of the month.

Doors open at 7:00 PM. Meetings start at 7:30 PM

The American Legion Hall

33 West Passaic Street

Rochelle Park, NJ 07662

[Directions](#)

### Board of Directors Meetings:

Last Thursday of the month at 7:30 PM

Fair Lawn Athletic Club

14-19 Parmelee Ave

Fair Lawn, NJ 07410

201-796-9771

[Directions](#)

### Conservation Committee Meetings:

Second Thursday of the month at

7:00 PM

Louis Bay 2nd Public Library

345 Lafayette Avenue

Hawthorne, NJ 07506

[Directions](#)

## About EJTU

East Jersey Trout Unlimited (EJTU) is a community of more than 750 anglers in the greater northeastern New Jersey region who are dedicated to cold water conservation and the stewardship of our local watersheds.



# Conservation Notes

By Rich Malizia



2021 is an election year in New Jersey. The governor and the entire legislature are up for election. This is a great opportunity for you to find out which candidates best represent your views. The NJ League of Conservation Voters has published an environmental policy guide titled "Green In '21." It is a 142 page document designed to educate both voters and candidates about environmental issues facing our State. Subjects like climate change, clean water, land use and energy, among others, are addressed in this document. Over the years when I have participated in or presented at meetings of state and local government officials, I have learned that those in decision making positions are too often ignorant of the facts relating to those issues. They make decisions based on the information presented to them which is often skewed to reflect the best interest of the presenter and not that of the public. "Green In '21" presents information which every elected official should know. Please avail yourself of this publication by going to [www.njlc.org](http://www.njlc.org) and selecting "Green In '21." It covers a wide range of subjects which have a direct effect on the quality of life we hope to enjoy.

The most recent assault on the Highlands comes from the proposal to triple the capacity of a large compressor station in West Milford. Tennessee Gas Pipeline (TGP) wants to increase the volume of fracked gas transported through the pipeline which runs from Pennsylvania to New York. TGP built the pipeline before the Highlands were protected. It has been 65 years since

its construction. A steel pipeline has a fifty year lifespan so the whole project should be challenged. Locations in the pipeline's path include a number of parks, lakes and ponds visited by thousands of people each year. It also traverses critically endangered habitat, drinking water sources and farmlands. NJDEP abdicated their responsibility to protect the Highlands and uphold the Highlands Act by issuing an exemption to TGP. Compressor stations threaten clean air and ground water. The site is in close proximity to Monksville Reservoir. TGP has a less than admirable record of safety. Ten years ago a TGP project seriously damaged lakes in Hewitt and West Milford. This project appears to conflict with the position advanced by the Murphy administration to stop or limit the expansion of fossil fuel use. Maybe it is time to take a position and write the Governor about your concerns.

Continued hot weather and the recent heavy rain have had a major negative effect on fishing rivers and streams. While water levels remain very high, they should return to more normal levels soon. I assume most of you are aware that stream flow information is available at the USGS web site and should be consulted before venturing out to fish. You should continue to focus on local ponds with bass and sunfish until water temperatures drop significantly. Fall trout stocking should take place in mid-October. Hopefully, water levels and temperatures will be favorable by then.

We are always looking for projects to improve the environment. July's cleanup yielded 1.5 tons of trash. That is quite an impressive result from the efforts of a dozen volunteers working for three hours. I wonder how many more locations like that one deserve our attention. If you know of one, please let the conservation committee know.

TAKE TIME TO MAKE A DIFFERENCE.



## New EJTU Members

Frank Dunn, Josh Marotti, Chet Douglas, Eric Lanel, John Grado, Anthony De Cotiis, Jamison DeSantis, Enrico Vannuchi, John Nicolaysen, John Garone, Kevin J Brigley, Bill Kempsey, Francis Scandale

Welcome and thank you for helping us to protect northeastern NJ's cold-water resources. We look forward to meeting you at one of our upcoming conservation projects, meetings or fly fishing trips! To Join EJTU or Renew Your EJTU Membership; Visit TU National's membership page at [gifts.tu.org](http://gifts.tu.org). Remember to choose to be assigned to "East Jersey Chapter - 091".

## EJTU Photograph of the Month



Mike Sebetich's Aquatic Insect Collection from our last meeting "Angler's Skills Night"



### **REGISTRATION NOW OPEN!**

Hackensack Riverkeeper & SUEZ Water present:

## Reservoir Challenge

**Sunday, September 12, 2021**

5K & 10K Races • Fishing Derby • Corporate Challenge  
• Mayor's Cup • Family Paddles

Lunch provided by:  
**USCITA**  
SUPERMARKETS INC.



200 Lake Shore Drive, Haworth, NJ 07641



On September 12, Suez and Hackensack Riverkeeper are sponsoring a day of fishing and paddling on the Oradell Reservoir. You may bring your own kayak or canoe, or you may rent one. You can go for a leisurely paddle or register for one of the boat races. There also will be a free Catch-and-Release fishing derby along the banks of the reservoir. A valid NJ fishing license is required for anglers aged 16-70. All proceeds from the event support Hackensack Riverkeeper's mission to protect, preserve, and restore the Hackensack River Watershed.

For more information and to register, click on this link:

<https://www.eventbrite.com/e/reservoir-challenge-paddle-day-and-fishing-derby-registration-163430658499>

# Kayaking, Canoeing, and Fishing at Hackensack Water Works

By Dino Eftychiou



A few weeks ago I passed the historic Hackensack Water Works in Oradell and lamented aloud to my wife that it seemed as if nothing meaningful had yet been done with this site. For decades I've been hearing that the buildings were going to be saved and renovated probably into some sort of museum. Anyone who has seen these buildings and cares about the heritage of historic buildings will agree that they are worth preserving. The Italianate and Romanesque Revival style structures were built between 1882 and 1931 on an artificial island in the middle of the Hackensack River. In 1990 the Water Works were shut down and eventually Bergen County took over its maintenance. Today the site is on both the New Jersey and National Registers of Historic Places.

So it was encouraging for me to read a news story that the county is, in fact, working on plans to allow access to the site for the general public onto a park like setting by way of new walking paths. Even more exciting news for me is that in addition to the paths, plans are in effect to construct a kayak and canoe launch on the island to allow paddlers access to boating and fishing on the Oradell Reservoir. People will be able to bring their own kayaks and canoes or they will be able to rent them from a planned concession stand. If you've fished the Oradell Reservoir before, you know that the primary fish species in this 708 acre lake are largemouth bass, crappie, white perch, and bluegill. When *Riffles* editors get more information about the new dock, we will update our readership.

By the way, you don't have to wait for a new dock to fish the reservoir. If you already don't know about it, Suez allows fishing on four of its reservoirs. Information is at <https://www.suezwatershed.com>.

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## Farmington River Trip, August

By Greg Tarris

Sometimes you have no choice but to go fishing under less than optimum conditions. That was the choice I was forced to make as a result of personal considerations. With the water level at the beginning of the week at 600 cubic feet per second (cfs), and the optimum being around 300-400 cfs, I was not optimistic but hoping the water level would fall during the week. Unfortunately, the Hogback Dam (the dam providing the "tailwater" that provides that cool water that makes for outstanding trout fishing all year round) was too full and they were alternatively letting bottom releases and top warm surface water into the river. Based on the opinion of long term Farmington fishermen and a guide or two, this disrupted the hatches and spread the fish around in some areas while in other areas made them hunker down in deep water. In no cases was there top action or hatches so familiar to all those who fish this river.

But I did not know all this before I arrived....

(continued on page 7)



## Farmington River Trip, August (continued)

I thought that I might go camping for the week but with everyone discovering the great outdoors due to Covid, that was impossible. No reservations. Fortunately the Legends Fishing Lodge was available and was reasonable. That was especially so when you consider the price included a healthy breakfast and its being situated on one of the best stretches of the river!

Checking in late Monday, I was looking forward to the “golden hour” as the sun sets and light wains as the traditional hatches usually brings the river alive with trout. I went to my favorite stretch in the river, the Campground pool. No one was there except for one fellow nymphing on the far shore in a deep run. The river was above normal with the shore line foot path under water. Since the pool starts with rough water and then widens and slows down, that did not deter me as being unmanageable to fish. I tried wets, streamers, straight line nymphing—nothing. The few random rises on the river gave me the idea to use an Enrico Puglisi Isonychia Emerger in the hopes that my blind casting would work to get a fish to rise. After some time, I did catch a good healthy 16 inch brown trout. But that was it.

The next morning, despite having heard the negative fishing reports the previous evening of no fish being caught by the residents of Legends, I hit the river a few hundred yards below the Ovation pool. The river was up to the banks that I normally waded in, so I figured to fish those shoulder areas. Again nothing until I hit some less turbulent water where I stuck a 10 inch brown trout on a nymph. I then stopped at the Up Country fly shop where I learned that there were still some sulphurs hatching at the Beaver pool. I did not see any flies there but landed a frisky 14 inch rainbow on one of a trio of wets I was using.

On the back deck at Legends that evening, we swapped fishing stories (or lack thereof) except for one fellow who went with a guide, Steve Hogan, who taught him Euro Nymphing. He showed me photos of a 20 incher and a few other decent looking fish. Without hesitation I called Steve and arranged for a ½ day trip to get my intro into Euro Nymphing.



We met Wednesday morning and fished a deep run not too far upstream of the Church Pool. Steve had me flipping a mop fly and a tag end nymph with a bunch of micro shot on another tag end into the seam bordering the main current. I connected with three fish, including one biggie that fought for a few moments before we saw him shake his head and snap the 5X tippet... as Steve said, that was a good fish! From there we tried some water upstream from the New Hartford bridge and I connected with another one. We then went further downstream out of the Trout Management Area near an unnamed bridge where there was large flat area in the water bordered by the main deep run. There were some random rises, so we used a size 14 caddis and connected with a couple of salmon, a brookie and a brown trout, all in the 10 inch range. Steve said you should come back before dark. I did and landed a 16 inch rainbow on an Isonychia just as I was lifting the fly off the water. The perfect ending to the trip!

Enrico Puglisi Isonychia Emerger



As Greg Tarris mentions in his article, a successful fly for him has been the Enrico Puglisi Isonychia Emerger. If you are a fly tier and have never tied with EP materials, you might want to give this a try. You can buy EP material in fly shops or online at <https://www.epflies.com>. Or you can order this fly or other EP flies at the website.

#### Materials:

- Hook: #14 curved hook
- Thread: Red
- Thorax: EP Hare's Ear Dubbing
- Wing: EP Dun Trigger Point Fibers
- Body: EP March Brown Trigger Point Fibers
- Tail: EP March Brown Trigger Point Fibers

COVID - 19

# SOCIAL DISTANCING



## FISH LOCAL

Stay close to home. Keep your fishing trip short. Avoid high-traffic destinations.



## BE SAFE

Avoid crowds and groups. Keep a distance of 6 feet or more from others, including staff stocking fish. Advise children not to wander into the personal space of other anglers.



## BE ADAPTIVE

Move quickly through parking lots and paths. If crowded, choose a different fishing location or time to visit.



## STAY HOME

If you're not feeling well, stay home.

## 6 Feet of Social Distance



- ONE FISHING ROD LENGTH -



For additional information visit:  
[www.NJFishandWildlife.com](http://www.NJFishandWildlife.com)

TROUT STOCKED LOCATIONS



### About Riffles

**Riffles Editors:** Dino Eftychiou, Chris Henrickson, and Charlie Ruzkowski

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Riffles is your publication; we encourage all members to contribute articles, tips and stories. Articles may relate to trout, trout fishing, fishing in general or conservation. All articles are published, edited and may be condensed at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of "catch and release." Pseudonyms may be used, but the editors must be informed of the name of the member who writes the article.

### Questions, Comments and How to Submit Articles

Any suggestions you may have to improve *Riffles* are greatly appreciated. If you have any articles or content you would like to submit, please email the Editors at [eastjerseytu@gmail.com](mailto:eastjerseytu@gmail.com). We look forward to hearing from you.

### About Trout Unlimited

Trout Unlimited is a national organization with about 300,000 members and supporters organized into over 400 chapters and councils from Maine to Montana to Alaska.

This dedicated grassroots army is matched by a respected staff of lawyers, policy experts and scientists, who work out of more than 30 offices nationwide.

### Looking to Buy, Sell, Swap or Donate a Fishing Related item?

EJTU can help! Chapter members are welcome to list items they are looking to buy sell or swap on either our online [website forum](#) or on our [Facebook Page](#).

All chapter members are welcome to attend our annual tackle swap and BBQ at our July regular membership meeting. At the meeting you can display all of the items you want to sell or swap.

EJTU also accepts donations (which are tax deductible) of items, which we will sell to raise funds for chapter activities and conservation projects.